

# One Of These Days

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Colleen Archer (AUS)

**Music:** One Of These Days - Mitchell Shadlow



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- 1-2 Step right forward, step left forward  
3&4 Right kick ball change (kick right forward, step right beside left, step left beside right)  
5-6 Step right forward, rock back onto left  
7&8 Shuffle back stepping right-left-right (12:00)
- 1-2 Step left back to diagonal, touch right beside left and clap  
3-4 Turn  $\frac{1}{4}$  right and step right to side, touch left beside right and clap  
5-6 Step left back, step right beside left  
7-8 Step left forward, scuff right forward beside left (3:00)
- 1-2 Step right forward, step/lock left behind right heel (or step left beside right)  
3-4 Step right forward, scuff left forward beside right  
5-6 Touch left heel forward to diagonal, hook left heel up to right shin  
7-8 Touch left heel forward to diagonal, touch left beside right (3:00)
- 1-2 Step left to side, step cross right behind left  
3-4 Step left to side, step right beside left (feet are together)  
5-6 Twist both heels to the left, twist both heels right to center (twist with weight on balls of both feet)  
7 Twist both heels to the left while turning  $\frac{1}{4}$  right  
8 Touch right toe back (6:00)

## REPEAT

## FINISH

**Step right forward, step left beside**

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