

# One More Time

**Count:** 48

**Wall:** 4

**Level:** Intermediate/Advanced waltz

**Choreographer:** Ed Lawton (UK) & Alan Young (UK)

**Music:** Take It to the Limit - Suzy Bogguss



## **TWINKLES TWICE MOVING BACK, FORWARD ½ PIVOT, ROCK, ROCK, STEP**

- 1-3 Step left over right, step back on right, step back on left  
4-6 Step right over left, step back on left, step back on right  
7-9 Step forward on left, step forward on right, pivot ½ turn left  
10-12 Step forward on right, rock back on left, step back on right

## **BACK ½ TURN TWICE STEP LOCK STEP ½ ROCK STEP BACK ½, ½, ¼**

- 13-15 Step back on left, step back on right making a ½ turn right, step forward on left making a ½ turn right  
16-18 Step back on right, step left over right(lock step), step back on right  
19-21 Step back on left making a ½ turn left, step forward on right, rock back on left  
22-23 Step back on right, step back on left making a ½ turn left  
&24 Step forward on right making a ½ turn left, make a ¼ turn left stepping left to left side

## **CROSS ROCK STEP ROCK & CROSS ROCK STEP CROSS VINE**

- 25-27 Cross rock right over left, rock on to left, step right to right side  
28-29 Step left over right, step right to right side  
&30 Rock on to left, step right over left  
31-33 Step left to left side, rock on to right, step left over right  
34-36 Step right to right, step left behind right, step right to right

## **ROSS ROCK STEP WEAVE ¼ TURN SWEEP ¼ TURN BACK DRAG**

- 37-39 Cross rock left over right, rock on to right, step left to left side  
40-42 Step right over left, step left to left side, step right behind left  
43-45 Step left to left side making a ¼ turn left, sweep right foot round making a ¼ turn left over 2 counts

### **Or you can do 1 ¼ turn left with the sweep**

- 46-48 Take a large step back on right, drag left to right over 2 counts

## **REPEAT**

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