

# One More Heartache

**COPPER KNOB**  
STEPSHEETS

**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Jan Wyllie (AUS)

**Music:** One Heartache at a Time - Brooks & Dunn



- 1-2 Rock/step right to right side, rock/return weight to left  
3-4 Stamp right foot, hold  
5-8 Strut forward left-right
- 9-10 Rock forward on left, rock back on right  
11-12 Rock back on left, rock forward on right  
13-14 Step forward on left & pivot  $\frac{1}{2}$  turn left transferring weight to right  
15-16 Stamp left beside right, hold
- 17-32 Repeat steps 1 to 16
- 33-34 Step right behind left, step left to left side  
35-36 Step right to right side, hold  
37-38 Step left behind right, step right to right side  
39-40 Step left to left side, hold
- 41-44 Step right to right, step left beside right, step right to right, flick left behind right  
45-48 Step left to left, step right beside left, step left to left, flick right behind left  
49-50 Step right to right, flick left behind right  
51-52 Step left to left, flick right behind left  
53-56 Step right to right, step left beside right, step right to right, touch left beside right
- 57-58 Rock/step forward on left, rock back on right  
59-60 Making  $\frac{1}{4}$  turn left step left to left side, hold  
61-62 Step forward on right, pivot  $\frac{1}{4}$  turn left transferring weight on left  
63-64 Stamp right beside left, stamp left beside right

**REPEAT**

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