

# One Moment

Count: 32

Wall: 4

Level: Beginner

Choreographer: Jane Thorpe (UK)

Music: Un Momento Alla - Rick Trevino



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## RIGHT SHUFFLE, ROCK RECOVER, ½ TRIPLE TURN, ROCK RECOVER

- 1&2 Step right forward, step left together, step right forward
- 3-4 Rock left forward, recover on right
- 5&6 Triple in place turning ½ left and step left, right, left
- 7-8 Rock right forward, recover on left

## SIDE ROCK RECOVER, CROSS SHUFFLE TWICE

- 1-2 Rock right to side, recover on left
- 3&4 Cross right over left, step left to side, cross right over left
- 5-6 Rock left to side, recover on right
- 7&8 Cross left over right, step right to side, cross left over right

## ROCK RECOVER, ½ TRIPLE TURN, ROCK RECOVER, COASTER STEP

- 1-2 Rock right forward, recover on left
- 3&4 Triple in place turning ½ right and step right, left, right
- 5-6 Rock left forward, recover on right
- 7&8 Step left back, step right together, step left forward

## RIGHT SIDE TOGETHER, ¼ SHUFFLE, STEP ½, SHUFFLE

- 1-2 Step right to side, step left together
- 3&4 Triple in place turning ¼ right and step right, left, right
- 5-6 Step left forward, turn ½ right (weight to right)
- 7&8 Step left forward, step right together, step left forward

**REPEAT**

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