

# 100% (P)

Count: 32

Wall: 0

Level: Partner

Choreographer: Amy Zack (USA)

Music: Half A Man - Shannon Brown



## WALK FORWARD, HITCH LEFT, WALK FORWARD, HITCH RIGHT

- 1 Step forward on right foot
- 2 Step forward on left foot
- 3 Step forward on right foot
- 4 Scooting forward on right foot, hitch left knee
- 5 Step forward on left
- 6 Step forward on right
- 7 Step forward on left foot
- 8 Scooting forward on left foot, hitch right knee

## VINE RIGHT, VINE/ROLL LEFT

- 9 Step right on right foot
- 10 Cross behind right, stepping on left foot
- 11 Step right on right
- 12 Touch left foot next to right

### Dropping left hands and raising right hands above head

- 13 **MAN:** Step left on left foot  
**LADY:** Turning  $\frac{1}{4}$  to our left, step on left foot
- 14 **MAN:** Cross behind left, stepping on right foot  
**LADY:** Turning  $\frac{1}{2}$  to your left, step on right foot
- 15 **MAN:** Step right on left  
**LADY:** Turning  $\frac{1}{2}$  to your left, step on left foot
- 16 **MAN:** Touch right foot next to left  
**LADY:** Touch right foot next to left

## ROCK/RECOVER, $\frac{1}{2}$ TURN, ROCK/RECOVER, TRIPLE IN PLACE

- 17-18 Rock forward on right foot, recover weight to left foot
- 19&20 Turning  $\frac{1}{2}$ , triple step right, left, right
- 21-22 Rock forward on left foot, recover weight to right foot
- 23&24 Triple in place left, right left

## HIP BUMPS, PIVOT, STOMP TWICE

### See line dance variation at end of sheet

- 25-26 **MAN:** Bump left hip in twice  
**LADY:** Bump right hip in twice
- 27-28 **MAN:** Bump right hip out twice  
**LADY:** Bump left hip out twice
- & **MAN:** Shift weight to left foot
- 29 **MAN:** Step forward on right foot  
**LADY:** Step forward on right foot
- 30 Turning  $\frac{1}{2}$ , shift weight forward to left foot
- 31-32 Stomp right foot twice

## REPEAT

## LINE DANCE VARIATION

25-26	Bump right hip twice
27-28	Bump left hip twice
29	Step forward on right foot
30	Step forward on left foot
31-32	Stomp right foot twice

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