

# Old Man Rhythm

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner east coast swing

**Choreographer:** Norma Jean Fuller (USA) & Mr. T. Haynes

**Music:** Sea Cruise - Scooter Lee



## STEP HITCH, STEP HITCH, BOOGIE WALKS BACK

- 1-2 Step right forward, hitch left leg scooting forward on right
- 3-4 Step left forward, hitch right leg scooting forward on left
- 5-6 Small step back on right, small step back on left
- 7-8 Repeat steps 5-6

**Styling:** shoulder drops right, left, right, left with pointer fingers pointing to floor on steps 5-8

## VINE RIGHT, SIDE ROCK RECOVER CLAP, ROCK BACK RECOVER CLAP

- 1-2 Step to right on right, cross left behind right
- 3-4 Step to right on right, step cross left in front of right
- 5-6 Rock side right on right, recover left with a clap
- 7-8 Rock back on right, recover left with a clap

## STEP HOLD, ¼ TURN PIVOT, HOLD, STEP HOLD, STEP HOLD

- 1-2 Step right forward, hold
- 3-4 Pivot turn ¼ left with weight on left, hold
- 5-6 Step right forward, hold
- 7-8 Step left forward, hold

## TOE STRUTS FORWARD, ROCK STEPS

- 1-2 Right toe forward bending knee slightly, step down on heel
- 3-4 Left toe forward bending knee slightly, step down on heel
- 5-6 Rock right forward, recover to left
- 7-8 Rock right back, recover to left

**REPEAT**

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