

# Old And New

Count: 64

Wall: 4

Level: Improver

Choreographer: Cath Robb (UK)

Music: Old Country/New Country - The Bellamy Brothers



## TOE STRUTS AND GRAPEVINES

- 1-4 Tap right toe, right heel down, tap left toe, left heel down  
5-8 Tap right toe, right heel down, tap left toe, left heel down  
9-12 Step right to right side, cross left behind right, step right to right side, touch left beside right  
13-16 Step left to left side, cross right behind left, step left to left side, touch right beside left

## KNEE SLAPS AND ANKLE SLAPS

- 17-24 Rock back on right hitching left knee, slap with right hand, step down on left lifting right ankle behind left knee, slap with left hand, make  $\frac{1}{4}$  turn left while stepping down on right, hitch left knee, slap with right hand, step down on left lifting right ankle behind left knee, slap with left hand

## GRAPEVINES AND TOE POINTS

- 25-28 Step right to right side, cross left behind right, step right to right side, touch left beside right  
29-32 Step left to left side, cross right behind left, step left to left side, touch right beside left  
33-36 Point right toe to right side, replace (point both arms to right side), point right toe to right side, step right beside left (point both arms to right side)  
37-40 Point left toe to left side, replace (point both arms to left side), point left toe to left side, step left beside right (point both arms to left side)

## PADDLES AND HEEL BOUNCES

- 41-48 Step forward right, paddle  $\frac{1}{8}$  turn left, step forward right, paddle  $\frac{1}{8}$  turn left, step forward right, paddle  $\frac{1}{8}$  turn left  
49-52 Stomp down right foot, heel bounce left foot three times (body facing diagonally left)  
53-56 Stomp down left foot, heel bounce right foot three times (body facing diagonally right)

## SIDE SHUFFLES ROCK BACK

- 57&58 Step right to right side, close left beside right, step right to right side  
59-60 Rock back on left, step forward on right  
61&62 Step left to left side, close right beside left, step left to left side  
63-64 Rock back on right, step forward on left

## REPEAT

## OPTIONAL ENDING

Dance steps 17-24 excluding  $\frac{1}{4}$  turn, then step forward right with arms outstretched.

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