

# Number One

Count: 42

Wall: 1

Level: Improver

Choreographer: Mel Llewellyn (UK) & Avril Llewellyn

Music: 10 Disc 1 - S Club 7



## STEP, STEP, STEP, STEP, SHUFFLE, SHUFFLE

- 1-2 Kick right forward, step back on right kicking left forward  
3-4& Step back on left kicking right forward, step back on right, kicking left forward, replace left  
5&6 Shuffle forward right right/left/right  
7&8 Shuffle forward left left/right/left

## STEP, PIVOT, STEP, PIVOT, TOUCH, TOUCH, CROSS, UNWIND

- 9-10 Step forward on right, pivot  $\frac{1}{2}$  turn  
11-12 Step forward on right, pivot  $\frac{1}{2}$  turn  
13&14 Touch right to right side, replace right next to left, touch left to left side  
15-16 Cross left over right, unwind over right shoulder  $\frac{1}{2}$

## TOUCH, TOUCH, CROSS, UNWIND, STEP, STEP

- 17&18 Touch right to right side, replace right next to left, touch left to left side  
19-20 Cross left over right, unwind over right shoulder  $\frac{1}{2}$   
21-22 Step back right toe, heel  
23-24 Step back left toe, heel

## STEP, STEP, STEP, PIVOT, STEP, PIVOT, ROCK, STEP

- 25-26 Step back right toe, heel  
27-28 Step back left toe, heel  
29& Step forward right, pivot  $\frac{1}{4}$  left  
30& Step forward right, pivot  $\frac{1}{4}$  left  
31-32 Rock forward right, step back left

## TURN, ROCK, ROCK, COASTER, STEP

- 33&34 Turn  $\frac{1}{2}$  right/left/right to right  
35-36 Rock forward left, rock back right  
37&38 Step back left, step right next to left, step left forward  
39-40 Step forward right toe, heel

## STEP

- 41-42 Step forward left toe, heel

## REPEAT

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