

Now And Forever

Count: 24

Wall: 2

Level: Beginner waltz

Choreographer: Shin-ichiro Baba (JP)

Music: Now and Forever - Air Supply



FORWARD TWINKLE, STEP DIAGONALLY FORWARD, 1/8 TURN & POINT, HOLD

1-2-3 Step left forward, rock right to side, recover to left

Angling diagonally left

4-6 Cross right over left, turn 1/8 right and touch left to side, hold (12:00)

CROSS, BACK 1/4 TURN LEFT, SIDE, CROSS, BACK 1/4 TURN RIGHT, HEEL TURN 1/4 RIGHT

1-3 Cross left over right, turn 1/4 left and step right back, step left to side

4-6 Cross right over left, turn 1/4 right and step left back, turn 1/4 right and slide/step right together (3:00)

CROSS LUNGE, RECOVER, DIAGONALLY BACK, CROSS, SIDE, BEHIND

1-3 Cross/rock left over right, recover onto right, step left diagonally back

Slightly back

4-6 Cross right over left, step left to side, cross right behind left

SIDE, SLIDE, STEP 1/4 TURN, 3/4 TURN RIGHT, STEP 1/4 TURN

1-3 Step left to side, slide/touch right together over 2 counts

4-6 Turn 1/4 right and step right forward, turn 3/4 right and step left together, turn 1/4 right and step right forward

Option: replace count 5-6: walk forward left, right

REPEAT

TAG

Danced at end of walls 2 and 6: basic forward & back

1-3 Step left forward, step right together, step left in place

4-6 Step right back, step left together, step right in place

TAG

Danced at end of wall 10: left 1/2 turn & coaster step twice

1-3 Step left forward, turn 1/2 left and step right back, step left together

4-6 Step right back, step left together, step right forward

1-3 Step left forward, turn 1/2 left and step right back, step left together

4-6 Step right back, step left together, step right forward
