

# Nothin' To Prove

**COPPER KNOB**  
STEPSHEETS

Count: 64

Wall: 4

Level: Improver two step

Choreographer: Rebel Roz (SCO)

Music: Standing On a Rock - Rodney Crowell



## STEP ¾ STEP HOLD, COASTER STEP HOLD

- 1-4 Step forward right ¾ turn left, step on right hold  
5-8 Left coaster step, hold

## RIGHT HEEL HOOK RIGHT HEEL FLICK, TOUCH OUT IN, HITCH

- 1-4 Right heel forward, hook in front of left, right heel forward, flick right foot to right side  
5-8 Touch right toe forward, twist heels out, left to left, right to right, bring back to center, hitch right knee up

## STEP RIGHT LOCK STEP HOLD, STEP ½ TOUCH HOLD

- 1-4 Step right lock step hold  
5-8 Step forward left pivot ½ turn right, touch left beside right hold

## LEFT HEEL HOOK LEFT HEEL FLICK, TOUCH OUT IN, HITCH

- 1-4 Left heel hook, left heel flick  
5-8 Left toe forward, twist heels out, left to left right to right, return to center, hitch left knee

## LEFT LOCK STEP HOLD, ROCK ½ STEP HOLD

- 1-4 Left lock step hold  
5-8 Rock forward on right replace on left, turn ½ right, step on right, hold

## ½ TURN STEP HOLD STEP BACK HOLD COASTER STEP HOLD

- 1-4 ½ turn right step back onto left hold, step back on right hold  
5-8 Left coaster step hold

## SIDE STRUT, CROSS STRUT, BACK STEP CROSS HOLD

- 1-4 Right side strut, cross left strut  
5-8 Step right back, step left to left side cross right over left

## SIDE STRUT CROSS STRUT, BACK STEP CROSS

- 1-8 Repeat 1-8 leading left foot

## REPEAT

## ENDING

On the last wall, facing 9:00, rock ¼ turn. Face the front. Hold