

# North & South

Count: 68

Wall: 2

Level:

Choreographer: Jackie Shields (UK)

Music: Foolish Heart - The Mavericks



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## SHUFFLE, TURNING SHUFFLE

- 1&2 Shuffle forward-right, left, right  
3&4 Turning ½ turn right shuffle back-left, right, left

## WALK, BALL CHANGE

- 5-6-7&8 Walk forward-right, left, right, ball change-left & right

## SHUFFLE, TURNING SHUFFLE

- 1&2 Shuffle forward-left, right, left  
3&4 Turning ½ turn left, shuffle back-right, left, right

## WALK, BALL CHANGE WITH ¼ TURN RIGHT

- 5-6-7&8 Walk forward-left, right, left, turning ¼ turn right on-right & left ball change

- 16-32 Repeat steps 1-16

## RIGHT TOUCH, CROSSOVER, TURN, CLAP

- 33-36 Touch right toe to right side, cross right over left, unwind ½ turn left, clap once

## KICK BALL CHANGE X 2

- 37&38 Right kick ball change  
39-40 Right kick ball change

- 41-48 Repeat steps 33-40

## RIGHT VINE WITH SCUFF

- 49-52 Step right to right side, cross left behind right, step right to right side, scuff left

## LEFT VINE WITH SCUFF

- 53-56 Step to left side, cross right behind left, step left to left side, scuff right

## HIP BUMPS

- 57-60 Stepping right diagonally forward, bump hips to the right twice, bump hips to the left twice  
61-64 Bump hips right, left, right, left (can be a body roll)

## REPEAT

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