

# No Sorrow

**Count:** 40

**Wall:** 2

**Level:** Beginner straight rhythm

**Choreographer:** Annegret Dominguez (FR)

**Music:** I Am a Man of Constant Sorrow - The Soggy Bottom Boys



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## **POINT HEELS: RIGHT, LEFT, RIGHT, LEFT**

- 1-2 Point right heel forward diagonal right, step right next to left
- 3-4 Point left heel forward diagonal left, step left next to right
- 5-6 Point right heel forward diagonal right, step right next to left
- 7-8 Point left heel forward diagonal left, step left next to right

## **WALK FORWARD RIGHT, CLAP, LEFT, CLAP, RIGHT, CLAP, LEFT, CLAP**

- 1-2 Step right forward, clap
- 3-4 Step left forward, clap
- 5-6 Step right forward, clap
- 7-8 Step left forward, clap

## **TOE STRUTS BACK: RIGHT, LEFT, RIGHT, LEFT**

- 1-2 Point right toe behind, put down right heel,
- 3-4 Point left toe behind, put down left heel
- 5-6 Point right toe behind, put down right heel
- 7-8 Point left toe behind, put down left heel

## **POINT RIGHT TO RIGHT, NEXT TO LEFT, FORWARD, STEP DOWN NEXT TO LEFT, POINT LEFT TO LEFT, NEXT TO RIGHT, FORWARD, STEP DOWN NEXT TO RIGHT**

- 1-2 Point right toe to right, slide right toe next to left
- 3-4 Point right toe forward, slide right toe next to left putting foot down
- 5-6 Point left toe to left, slide left toe next to right
- 7-8 Point left toe forward, slide left toe next to right putting foot down

## **RIGHT PIVOT ½ TURN, STOMP, HOLD, POINT RIGHT, LEFT IN PLACE**

- 1-2 Step right forward, pivot ½ to left
- 3-4 Stomp right heel next to left, hold
- 5-6 Point right toe next to left, put down right foot
- 7-8 Point left toe next to right, put down left foot

**REPEAT**

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