

# Nada Word

Count: 32

Wall: 4

Level: Improver

Choreographer: Nancy Morgan (USA)

Music: Lil' Jack Slade - The Chicks



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## HEEL, TOE, HEEL AND HEEL AND SHUFFLE FORWARD, STEP, ½ TURN HOOK

- 1-2 Tap right heel forward, put right foot next to left  
3&4& Tap right heel forward, put right foot next to left, tap left heel forward, put left foot next to right  
5&6 Shuffle forward - right, left, right  
7-8 Step forward on left, turn ½ turn to your right as you hook your right foot across your left

## SHUFFLE FORWARD, ROCK FORWARD AND TOGETHER, HEEL AND HEEL AND HEEL, CLAP TWICE

- 1&2 Shuffle forward - right, left, right  
3&4 Rock forward on left and back on right, put left next to right  
5&6&7 Tap right heel forward, put right foot next to left, tap left heel forward, put left foot next to right, tap right heel forward  
&8 Clap twice

## TOGETHER, HEEL AND HEEL AND HEEL, CLAP TWICE, AND FORWARD ROCK, COASTER STEP

- &1&2&3 Put right foot next to left, tap left heel forward, put left foot next to right, tap right heel forward, put right foot next to left, tap left heel forward  
&4 Clap twice  
5-6 Lift left heel off ground and rock forward on left and back on right  
7&8 Coaster step - step back on left, back on right, forward on left

## ½ TURN, ¼ TURN, 2 SAILOR SHUFFLES

- 1-2 Step forward on right, pivot turn ½ turn to your left (weight is on left)  
3-4 Step forward on right, pivot turn ¼ turn to your left (weight is on left)  
5&6 Sailor shuffle - step right foot behind left, step left to left side, step right foot forward and slightly to right  
7&8 Sailor shuffle - step left foot behind right, step right to right side, step left foot forward and slightly to left

**REPEAT**

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