

My Shining Star

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Carol Clements (UK) & Nigel Clements (UK)

Music: Day & Night (Stargate Mix) - Billie Piper



STEP, KICK, CROSS BACK KICK TWICE

- 1-2 Step forward right, kick left forward
&3-4 Cross left over right, step right back, kick left forward
5-6 Step left back, kick right forward
&7-8 Cross right over left, step left back, kick right forward

FULL TURN RIGHT, STEP TOUCH, GRAPEVINE LEFT, LEFT CHASSE

- 9-10 Full turn to right, stepping right, left
11-12 Step right to right, touch left to right
13-14 Step left cross right behind
15&16 Chasse left stepping left right left

POINT, COASTER STEP, LOCK STEP, STEP QUARTER TURN, CROSS SHUFFLE

- 17-18&19 Point right to right (optional, turn head to right as you point with your foot), step right back, bring left back to meet right, step right forward
&20 Lock left behind right, step right forward
21-22 Step forward left, make quarter pivot turn right, bring weight onto right
23&24 Cross shuffle to the right stepping left over right, right to right, left over right

THREE-QUARTER TURN, RIGHT SHUFFLE, KICK BALL TAP, KNEE POPS

- 25-26 Three quarter turn over left shoulder stepping back right (quarter to left), forward left (half to left)
27&28 Right shuffle forward stepping right, left, right
29&30 Kick left forward, step back left, tap right toe next to left popping right knee forward
31-32 Pop left knee forward, pop right knee forward (weight should now be on left foot)

REPEAT

TAG

At the end of the 1st and 4th walls on the words "you make me feel so right, every day & night"

STEP RIGHT, LEFT SHUFFLE HALF TURN STEP LEFT, RIGHT SHUFFLE HALF TURN

- 1-2&3 Step forward on right foot, shuffle forward on left
4 Pivot half turn to right
5-6&7 Step forward on left, shuffle forward on right
8 Pivot half turn to left

BRIDGE

At the end of the 6th wall, the music stops

- 1-4 For four counts bend head and bring arms down to sides

Start dance again at count 9

If using alternative music (In These Shoes?), leave out all tags and bridges and just dance straight through. The dance will end on the right point to the side.