

My Number One

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Jan Wyllie (AUS)

Music: My Number One - BZN



STEP TAP, ROCK & ACROSS, ROCK & ACROSS, ROCK & ACROSS

- 1-2 Step forward on left towards right diagonal, tap right beside left
3&4 Rock/step right to right, return weight to left, step right across left
5&6 Rock/step left to left, return weight to right, step left across right
7&8 Rock/step right to right, return weight to left, step right across left

STEP TOGETHER, SHUFFLE BACK, ¼ ROCK RETURN, & ROCK RETURN

- 9-10-11&12 Step left to left, step right beside left, shuffle back left, right, left
13-14 Making ¼ right rock/step right to right side, rock weight sideways onto left
&15-16 Step right beside left, rock/step left to left, rock/return weight to right

CROSS SHUFFLE, ½ TURN, SHUFFLE FORWARD, ¾ TURN

- 17&18-19-20 Cross/shuffle to the right left, right, left making ½ turn left step right, left
21&22-23-24 Shuffle forward right, left, right step forward on left making ½ right, making ¼ right step right to right side

ROCK RETURN, STEP BACK HOOK, ROCK RETURN, STEP TOUCH

- 25-26-27-28 Rock/step forward on left, rock back on right, step back on left, hook right across left
29-30-31-32 Rock/step forward on right, rock back on left, step back on right, touch left beside right

TOUCH HOLD, HEEL TOUCH HEEL TOUCH, STEP TOUCH, STEP TOUCH

- 33-34-35-36 Touch left toe to left side, hold, touch left heel across right, touch left heel to left
37-38-39-40 Step left across right, touch right toe to right side, step right across left, touch left toe to left side

ROCK RETURN, ½ TURN SHUFFLE, ¼ TURN SHUFFLE, ½ TURN SHUFFLE

- 41-42-43&44 Rock/step forward on left, rock back on right making ½ turn left shuffle forward left, right, left
45&46 Making a ¼ turn left shuffle back right, left, right (back to 3:00)
47&48 Making a ½ turn left shuffle forward left, right, left (facing 3:00)

STEP PIVOT ¼, ROCK RETURN, BACK LOCK SHUFFLE, ROCK RETURN

- 49-50-51-52 Step forward on right, pivot ¼ left transferring weight to left, rock forward on right, rock back on left
53&54-55-56 Step back on right, lock/step left over of right, step back on right, rock back on left, rock forward on right

FORWARD LOCK/SHUFFLE, STEP PIVOT ½, TOUCH STEP ACROSS, TOUCH HOLD

- 57&58 Step forward on left, lock/step right behind left, step forward on left
59-60 Step forward on right, pivot ½ left transferring weight to left
61-62 Touch right toe back towards right corner, step right over left
63-64 Touch left toe back to left corner, hold

REPEAT

RESTART

There is a restart on wall 4 after count 32

Music slows on last wall. Just 'hold' on count 33 and restart the dance from count 37 when they sing the word

"one".
