

My Heart Has A History

Count: 32

Wall: 1

Level: Improver

Choreographer: Norman Dery (CAN)

Music: My Heart Has a History - Paul Brandt



SHUFFLE FORWARD SHUFFLE TO THE REAR

- 1&2 Left foot forward; right foot next to left; left foot forward
3&4 Right foot forward; left foot next to right; right foot forward
5-6 Left foot forward; right foot in place
7&8 Left foot to the rear; right foot next to left foot; left foot to the rear
9&10 Right foot to the rear; left foot next to right foot; right foot to the rear
11&12 Left foot to the rear; right foot next to left foot; left foot to the rear
13-14 Right foot to the rear; left foot in place
15&16 Right foot forward; left foot next to right foot; right foot forward

FOUR ¼ TURN RIGHT

- 17&18 Left foot to left side ¼ turn right; right foot next to left foot; left foot to left side
19&20 Right foot to right side ¼ turn right; left foot next to right foot; right foot to right side
21&22 Left foot to left side ¼ turn right; right foot next to left foot; left foot to left side
23&24 Right foot to right side ¼ turn right; left foot next to right; right foot to right side
25-26 Left foot to left side; right foot cross rear of left foot
27-28 Left foot to left side; right brush forward
29-30 Right foot to right side; left foot cross rear of right foot
31-32 Right foot to right side; left foot brush forward.

REPEAT

After dancing all the way through 4 times, add the following only once

- 1 Left foot forward
2 Right foot in place
3 Left foot rear
4 Right foot in place
-