My Heart Goes To Angela

Level: Improver

Count: 48 Choreographer: Ian Grey (UK)

Music: My Heart Has a History - Paul Brandt

LEFT FORWARD, BEHIND, TRIPLE STEP, RIGHT FORWARD, BEHIND, TRIPLE STEP

- 1-2 Touch left heel forward, touch left toe back
- 3&4 Step left, right, left, (in place)
- 5-6 Touch right heel forward, touch right toe back
- Step right, left, right, (in place) 7&8

ROCK FORWARD, BACK, TRIPLE STEP, ROCK BACK, FORWARD, TRIPLE STEP

- 9-10 Rock forward on left, rock back on right
- 11&12 Step left, right, left, (in place)
- 13-14 Rock back on right, rock forward on left
- 15-16 Step right, left, right, (in place)

PENDULUM SWING, CLAP, KICK BALL CHANGE TWICE

- 17&18 Touch left out to side, back to place, while touching right out to side
- &19-20 Right back to place, while touching left out to side, clap hands on 20th beat
- 21&22 Left kick forward, step left back to place, step right next to left
- 23&24 Left kick forward, step left back to place, step right next to left

GRAPEVINE, PENDULUM SWING, CLAP

- 25-26 Step left to side, step right behind left
- 27-28 Step left to side, touch right next to left
- 29&30 Touch right out to side, back to place, while touching left out to side
- Left back to place, touch right out to side, clap &31-32

KICK BALL CHANGE TWICE, GRAPEVINE

- 33&34 Right kick forward, step right back to place, step left next to right
- 35&36 Right kick forward, step right back to place, step left next to right
- 37-38 Step right to side, step left behind right
- 39-40 Step right to side, touch left next to right

STEP, SLIDE, STEP, ½ TURN WITH HITCH, STEP, SLIDE, STEP TOUCH

- Step left forward, slide right up next to left 41-42
- 43-44 Step left forward, make half turn to left on ball of left foot, hitching right
- 45-46 Step right forward, slide left up next to right
- Step right forward, touch left next to right 47-48

REPEAT





Wall: 2