

# Move Your Feet

Count: 32

Wall: 2

Level:

Choreographer: Masters In Line (UK)

Music: Move Your Feet - Junior Senior



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## **CROSS-ROCK SIDE, CROSS-ROCK TURN, ½ TURN, ½ TURN, JUMP FORWARD & BACK**

- 1&2 Cross-rock right over left, recover weight onto left, step to right on right  
3&4 Cross-rock left over right, recover weight onto right, turn ¼ left stepping forward onto left  
5-6 Turn ½ left stepping back on right, turn ½ left stepping forward on left  
&7 Small jump forward (right then left)  
&8 Small jump back (right then left)

## **¼ TURN SHUFFLE, ½ TURN SHUFFLE, JAZZ BOX WITH ½ TURN**

- 1&2 Turn ¼ right and shuffle forward right-left-right  
3&4 Turn ½ left, and shuffle forward left-right-left  
5-6 Cross-step right over left, step back on left (preparing to turn)  
7-8 Turn ½ right stepping forward onto right, step forward on left

**As you do the shuffles, put the index & middle fingers of each hand together and move your hands up & down to the count of 1&2, 3&4**

## **ROCK, RECOVER, TRIPLE TURN 1½ BACK ; ROCK, RECOVER, LEFT COASTER**

- 1-2 Rock forward on right, recover weight onto left  
3&4 Triple 1 ½ turns back over right shoulder stepping right-left-right

**Easier option is just to do ½ turning shuffle instead of 1 ½**

- 5-6 Rock forward on left, recover weight onto right  
7&8 Step back on left, step on right beside left, step forward on left

## **KICK, CROSS, UNWIND (BOUNCE) ; STEP SLIDE TOUCH (TWICE) WITH SHOULDERS**

- 1-2 Kick right foot diagonally-forward right, cross-touch right foot over left  
3&4 Bounce heels 3 times making a full turn to the left over left shoulder  
5 Step diagonally-forward right on right foot (left shoulder up, right shoulder down)  
& Slide left foot towards right (left shoulder down, right shoulder up)  
6 Touch left foot beside right (left shoulder up, right shoulder down)  
7 Step diagonally-forward left on left foot (left shoulder down, right shoulder up)  
& Slide right foot towards left (left shoulder up, right shoulder down)  
8 Touch right foot beside left (left shoulder down, right shoulder up)

**REPEAT**

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