

# Mishnock Waltz (P)

Count: 42

Wall: 0

Level: Partner

Choreographer: Unknown

Music: Their Hearts Are Dancing - The Forester Sisters



Position: Begin in closed Position. Men facing LOD, Ladies RLOD  
Prepared By Dan Albro

## MAN: BALANCE FORWARD & BACK, LADY: BALANCE BACK & FORWARD

- 1-3            **MAN:** Walk forward left, right, left  
                 **LADY:** Walk back right, left, right
- 4-6            **MAN:** Walk back right, left, right  
                 **LADY:** Walk forward left, right, left

## CROSS BALL CHANGES

- 1-3            **MAN:** Cross left over right, step side on ball of right, step side left  
                 **LADY:** Cross right behind left, step side on ball of left, step side right
- 4-6            **MAN:** Cross right over left, step side on ball of left, step side right  
                 **LADY:** Cross left behind right, step side on ball of right, step side left

Couples should end right shoulder to right shoulder.

## TO THE RIGHT PINWHEEL FULL TURN, RIGHT SHOULDER TO SHOULDER

- 1-3            **MAN:** Walk to the right in a circle, as if a pole were between him & partner left, right, left  
                 **LADY:** Walk to the right in a circle as if a pole were between her & partner right, left, right
- 4-6            **MAN:** Walk to the right finishing full turn started above right, left, right  
                 **LADY:** Walk to the right finishing full turn started above left, right, left

## RELEASE HANDS, LADY FACES LOD, FORWARD WITH LADIES FULL TURN

- 1-3            **MAN:** Back up stepping left, right, left as lady turns right to face LOD  
                 **LADY:** ½ Turn right crossing right behind left, step back left, right now facing LOD, left hand  
                 on mans shoulder
- 4-6            **MAN:** Walk forward right, left, right bring right hand forward to pick up ladies left hand  
                 **LADY:** Continue to turn right an additional full turn traveling forward left, right, left

## FORWARD 1,2,3 FULL TURN 4,5,6

- 1-3            **MAN:** Walk forward left, right, left  
                 **LADY:** Walk forward right, left, right
- 4-6            **MAN:** Walk forward right, left, right doing a full turn right  
                 **LADY:** Walk forward left, right, left doing a full turn left

Releasing hands as you turn.

- 31-36            Repeat steps 25-30

## FORWARD 1,2,3; LADY TURNS INTO CLOSE POSITION 4,5,6

- 1-3            **MAN:** Walk forward left, right, left  
                 **LADY:** Walk forward right, left, right
- 4-6            **MAN:** Step in place right, left, right  
                 **LADY:** Step forward left, right, left doing a ½ turn left

Lead lady in front of you with right hand into closed position

REPEAT

