

Mexicali Heartache

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Jan Wyllie (AUS)

Music: My Baby No Esta Aqui No More - Ty England



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|-------------|--|
| 1-2 | Step forward on left, touch right beside left |
| 3-4 | Step forward on right, touch left beside right |
| 5-6 | Step forward on left, touch right beside left |
| 7-8 | Step forward on right, touch left beside right |
| 9-10 | Step left forward to left diagonal and sway hips slowly forward |
| 11-12 | Rock back on right and sway hips slowly back |
| 13-14-15-16 | Rock hips forward, back, forward, back |
| 17-18-19-20 | Rock/step left to left, rock weight to right, step left behind right, hold |
| 21-22-23-24 | Rock/step right to right, rock weight to left, step right behind left, hold |
| 25-26-27-28 | Rock/step left to left, step right to right, step left behind right, step right to right |
| 29-30 | Cross /rock left over right, rock back on right |
| 31-32 | Making $\frac{1}{4}$ turn left step forward on left, hold |
| 33-34 | Rock/step forward on right, rock back on left |
| 35-36 | Making $\frac{1}{4}$ turn right step right to right side, hold |
| 37-38-39-40 | Rock left to left, rock right to right, step left behind right, hold |
| 41-42-43-44 | Rock/step right to right, step left to left, step right behind left, step left to left |
| 45-46 | Rock/step forward on right, rock back on left |
| 47-48 | Making $\frac{1}{2}$ right step forward on right, hold |
| 49-50-51-52 | Rock /step forward on left, rock back on right, step back on left, hold |
| 53-54-55-56 | Step back on right, rock forward on left, step forward on right, hold |
| 57-58-59-60 | Rock/step forward on left, rock back on right, step back on left, tap right beside left |
| 61-62 | Making $\frac{1}{4}$ turn right step right to right side, hold |
| 63-64 | Slide left to right, hold |

REPEAT

On the 6th wall at count 32 there is a pause in the music for 4 beats. Just stand still and continue the dance when the music starts again.
