

# Messing With My Mind

**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK)

**Music:** You Had Me - Joss Stone



## **SIDE, SAILOR-STEP, HINGE, CROSS-ROCK, SIDE, CROSS, UNWIND, HOOK**

- 1-2&3 Step right to side, left sailor step  
4 Hinge ½ right (6:00) stepping right to side  
5&6 Cross-rock left over right, recover to right, step left to side  
7-8 Touch right over left, unwind ¾ left (9:00) hooking left across right

## **STEP, ½ BACK, COASTER STEP, HIP BUMPS, ROCK-RECOVER, RONDÉ**

- 1-2 Step left forward, ½ left step back on right (3, 00)  
3&4 Left coaster-step  
5&6 Bump and step right forward, bump left hip back, bump right hip forward (weight on right)  
7&8 Rock forward on left, recover to right, rondé left ½ left (9:00)

**In preparation for a coaster step**

## **COASTER-STEP, WALK, WALK, STEP-TURN-STEP, WALK, TRIPLE FORWARD**

- 1&2 Left coaster-step  
3-4 Walk forward right, walk forward left  
5&6 Step right forward, pivot ½ left (3:00), step right forward  
7 Step left forward and in front of right (in preparation for an to the left triple forward)  
8&1 ½ left step back on right (9, 00), ½ left step forward on left (3:00), step right forward

## **STEP, LOCK-STEP BACK, ½ FORWARD, ¼ SIDE, CHASSÉ**

- 2 Step forward on left  
3&4 Right lock-step (traveling back with body facing right diagonal)  
5-6 ½ left (9:00) step forward on left, ¼ left (6:00) step right to side  
7&8 Left chassé

**REPEAT**

**TAG**

**Dancing wall 4 and 9 (both start facing 6:00) complete up to count 14 (bumps) then:**

- 7&8 Rock forward on left, recover to right, ¼ left (6:00) step left to side

**Restart from beginning**

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