

# Meat'n'taters

**COPPER KNOB**  
STEPPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Gloria Johnson (USA)

**Music:** Meat and Potato Man - Brice Long



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## **FORWARD SHUFFLE, ½ TURN, BACKWARD SHUFFLE, ROCK-STEP, ¼ TURN**

1&2 Step right forward; step left together; step right forward  
& Turn ½ right on right foot  
3&4 Step left back; step right together; step left back  
5-6 Rock-step right back; rock forward onto left  
7-8 Step right forward; pivot ¼ turn left onto left foot

## **SYNCOPATED TOE AND HEEL TOUCHES**

9-10 Touch right heel forward; hold  
& Step on right  
11-12 Touch left toe back; hold  
& Step on left  
13&14 Touch right heel forward; step on right; touch left toe back  
&15-16 Step on left; touch right heel forward; hold

## **RIGHT SIDE SHUFFLE WITH ¼ TURN LEFT, ROCK-STEP, ½ PIVOT TURN, KICK-BALL-TOUCH**

17&18 Step right to right side; step left together; turning ¼ left, step on right  
19-20 Rock-step left back; rock forward onto right  
21-22 Step left forward; pivot ½ turn right onto right foot  
23&24 Kick left forward; step on left; point right toe to right side

## **BACK ROCK, FORWARD ROCK, ¾ PIVOT TURN, HOLD FOR 2**

25-26 Rock-step right back; rock forward onto left  
27-28 Rock-step right forward; rock back onto left  
29-30 Touch right toe behind left heel; pivot ¾ turn right onto left foot  
31-32 Hold for 2 counts

**REPEAT**

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