

Meat & Potatoes

Count: 32

Wall: 4

Level: Beginner

Choreographer: David Cheshire (AUS)

Music: Meat and Potato Man - Alan Jackson



FORWARD SHUFFLES, PIVOT, SHUFFLES BACK

- 1&2 Shuffle forward left-right-left
- 3&4 Shuffle forward right-left-right
- & Pivot ½ turn right on ball of right foot
- 5&6 Shuffle backward left-right-left
- 7&8 Shuffle backward right-left-right

ROCK STEPS, BRUSH, STEP-BRUSHES FORWARD

- 1-2 Step back on left foot, rock forward on right foot
- 3-4 Step forward on left foot, brush right foot forward
- 5-6 Step forward on right foot, brush left foot forward
- 7-8 Step forward on left foot, brush right foot forward

VINE RIGHT, ¼ TURN, VINE LEFT, TOUCH

- 1-2 Step right to right, step left behind right
- 3 Step right to right turning ¼ right
- 4 Touch left next to right
- 5-6 Step left to left, step right behind left
- 7-8 Step left to left, touch right next to left

VINE RIGHT, HOLD, SCUFF

- 1-4 Step right to right, hold, step left behind right & hold
- 5-6 Step right to right, cross left in front of right
- 7-8 Step right to right, scuff left forward

REPEAT
