

Mas Alla

Count: 64

Wall: 1

Level: Intermediate/Advanced

Choreographer: Alan Birchall (UK)

Music: Más Allá (Beyond) - Gloria Estefan

or: Tres Desos (Dance Mix) - Gloria Estefan



ROCK RIGHT, RECOVER, CROSS SHUFFLE, WEAVE LEFT

- 1-2 Rock right to right, recover on left
- 3&4 Cross right over left, step left to left, cross right over left (legs still crossed)
- 5-6 Step left to left, step right behind left
- 7-8 Step left to left, step right in front of left

ROCK LEFT, RECOVER, CROSS SHUFFLE, WEAVE RIGHT

- 9-10 Rock left to left, recover on right
- 11&12 Cross left over right, step right to right, cross left over right
- 13-14 Step right to right, step left behind right
- 15-16 Step right to right, step left in front of right

HEEL SWITCH'S, ROCK RIGHT, CROSS SHUFFLE

- 17&18 Touch right heel forward, step right beside left, touch left heel forward
- &19& Step left beside right, touch right heel forward, step right beside left
- 20& Touch left heel forward, step left beside right
- 21-22 Rock right to right, recover on left
- 23&24 Cross right over left, step left to left, cross right over left (legs still crossed)

HEEL SWITCH'S, ROCK LEFT, CROSS SHUFFLE

- 25&26 Touch left heel forward, step left beside right, touch right heel forward
- &27& Step right beside left, touch left heel forward, step left beside right
- 28& Touch right heel forward, step right beside left
- 29-30 Rock left to left, recover on right
- 31&32 Cross left over right, step right to right, cross left over right

ROCK FORWARD, RECOVER, ¾ TRIPLE TURN RIGHT, ROCK FORWARD, RECOVER, LEFT COASTER STEP

- 33-34 Rock forward on right, recover on left
- 35&36 ¾ triple turn over right shoulder (backwards), stepping right, left, right, (weight ends on right)
- 37-38 Rock forward on left, recover on right
- 39&40 Step back on left, step right beside left, step forward on left

ROCK FORWARD, RECOVER, ¾ TRIPLE TURN RIGHT, ROCK FORWARD, RECOVER, LEFT COASTER STEP

- 41-42 Rock forward on right, recover on left
- 43&44 ¾ triple turn over right shoulder (backwards), stepping right, left, right, (weight ends on right)
- 45-46 Rock forward on left, recover on right
- 47&48 Step back on left, step right beside left, step forward on left (you should now be facing the back wall)

STEP ½ PIVOT, STEP ½ PIVOT, SIDE, BEHIND, SIDE SHUFFLE (RIGHT)

- 49-50 Step forward on right, make ½ pivot left
- 51-52 Step forward on right, make ½ pivot left
- 53-54 Step right to right, step left behind right
- 55&56 Step right to right, step left beside right, step right to right

CROSS ROCK, RECOVER, SIDE SHUFFLE, 2½, TURN TO LEFT

- 57-58 Cross rock left over right, recover on right
59&60 Step left to left, step right beside left, step left to left making ½ pivot turn left
61-62 Stepping on to right make ½ pivot to left (1 full turn), step onto left continue ½ pivot to left
63-64 Stepping onto right continue ½ pivot (2 full turns), stepping onto left continue ½ pivot to left

REPEAT

Alternative ending making ½ turn

CROSS ROCK, RECOVER, SIDE SHUFFLE, WEAWE LEFT WITH ½ TURN LEFT

- 57-58 Cross rock left over right, recover on right
59&60 Step left to left, step right beside left, step left to left
61-62 Step right over left, step left to left
63-64 Step right behind left making ¼ pivot left on ball right, step left to left making ¼ pivot left

If you find it easier you can make the ½ turn on the ball of the left foot

Last Update - 17 Sep 2023
