

# Mambo Rock (P)

Count: 48

Wall: 0

Level: Partner

Choreographer: Michelle Chandonnet (CAN) & Marc Archambault (CAN)

Music: Seven Nights to Rock - BR5-49



**Position: Open double hand hold. Partners face each other**  
**To add style and have fun, do all Rock Steps with the Mambo style.**

## **ROCK STEP, STEP TOGETHER, HOLD, ROCK STEP, STEP TOGETHER, HOLD**

- 1-2           **MAN:** Rock forward left, rock back right  
              **LADY:** Rock back right, rock forward left
- 3-4           **MAN:** Step left beside right foot, hold  
              **LADY:** Step right beside left foot, hold
- 5-6           **MAN:** Rock back right, rock forward left  
              **LADY:** Rock forward left, rock back right
- 7-8           **MAN:** Step right beside left foot, hold  
              **LADY:** Step left beside right foot, hold

## **STEP ¼ TURN, SLIDE, STEP FORWARD, BRUSH, JAZZ BOX, STOMP**

- 1-2           **MAN:** Step left ¼ turn left, slide right beside left foot  
              **LADY:** Step right ¼ turn right, slide left beside right foot
- 3-4           **MAN:** Step forward left, brush right  
              **LADY:** Step forward right, brush left
- 5-6           **MAN:** Cross right over left foot, step back on left  
              **LADY:** Cross left over right foot, step back on right
- 7-8           **MAN:** Step right beside left foot, stomp left (weight on left)  
              **LADY:** Step left beside right foot, stomp right (weight on left)

## **SIDE ROCK STEP, STEP TOGETHER, HOLD, SIDE ROCK STEP, STEP TOGETHER, HOLD**

- 1-2           Rock right to right side, rock back on left
- 3-4           Step right beside left foot, hold
- 5-6           Rock left to left side, rock back on right
- 7-8           Step left beside right foot, hold

## **STEP, HOLD, STEP, HOLD, STEP, STEP, STEP, HOLD**

- 1-2           Step right lightly forward moving right hip left, hold
- 3-4           Step left lightly forward moving left hip right, hold
- 5             Step right lightly forward moving right hip left
- 6             Step left lightly forward moving left hip right
- 7             Step right lightly forward moving right hip left
- 8             Hold

## **ROCK STEP, STEP TOGETHER, HOLD, ROCK STEP, STEP TOGETHER, HOLD**

- 1-2           Rock forward left, rock back right
- 3-4           Step left beside right foot, hold
- 5-6           Rock back on right, rock forward left
- 7-8           Step right beside left foot, hold

## **STEP, LOCK, STEP, BRUSH, STEP ¼ TURN, STEP, STEP, STEP**

- 1-2           Step forward left, lock step right behind left foot
- 3-4           Step forward left, brush right forward

5-6 **MAN:** Step right  $\frac{1}{4}$  turn right, step left beside right foot

**LADY:** Step right  $\frac{1}{4}$  turn right, step left forward

7-8 **MAN:** Step right in place, brush left

**LADY:** Pivot  $\frac{1}{2}$  turn right on both feet, step left beside right foot

**REPEAT**

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