

# Mambo No. 5 Shimmy!

Count: 24

Wall: 4

Level: Beginner

Choreographer: Dottie Wicks (USA)

Music: Mambo No.5 - Lou Bega



## **SIDE SLIDES AND TAPS**

- 1-2 Small step to right on right, slide and step left next to right
- 3-4 Small step to right on right, tap left toe next to right instep
- 5-6 Small step to left on left, slide and step right next to left
- 7-8 Small step to left on left, tap right toe next to left instep

## **FORWARD WALK WITH A KICK - BACK WALK WITH A TAP**

- 1-3 Walk forward, right, left, right
- 4 Keeping weight on right foot, kick left foot forward
- 5-7 Walk backwards left, right, left
- 8 Keeping weight on your left foot, tap right toes next to left heel

## **THREE QUARTER TURN TO RIGHT DOING HEEL RAISES & DROPS**

- &1 Raise both heels(weight on balls of feet) making  $\frac{1}{4}$  to right and lower heels
- &2 Raise both heels(weight on balls of feet) making  $\frac{1}{4}$  to right and lower heels
- &3 Raise both heels (weight on balls of feet) making  $\frac{1}{4}$  to right and lower heels
- &4 Remaining in place raise and lower heels of both feet

## **BENT KNEE SHIMMIES**

- &5 Bending both knees, shimmy shoulders
- &6 Continuing to shimmy - straighten knees
- &7 Bending both knees, shimmy shoulders
- &8 Continuing to shimmy - straighten knees

**REPEAT**

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