

Mama's Dance

Count: 32

Wall: 1

Level: Beginner

Choreographer: Tommy Kuhrt (USA) & Joann Carpenter

Music: One Bud Wiser - Gretchen Wilson



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|-----|---|
| 1&2 | Sailor step back (right, left, right) |
| 3&4 | Sailor step back (left, right, left) |
| 5 | Right heel forward |
| 6 | Left heel forward |
| 7 | Right heel forward |
| 8 | Step left foot forward next to right |
| | |
| 1-2 | Right hips bump twice |
| 3 | Turn ¼ turn right while you bump you left hip once |
| 4 | Bump right hip to the right |
| 5-8 | Grapevine left with a right toe touch next to your left foot |
| | |
| 1-4 | Walk forward right, left, right with a kick with your left foot |
| 5-8 | Walk backwards left, right, left with a toe touch next to your left |
| | |
| 1-4 | Grapevine right switch weight to your left |
| 5-8 | Two pivots to your left |
| | |
| 1-2 | Stomp right forward then stomp left forward |

REPEAT
