

# Main Event

Count: 172

Wall: 4

Level: Advanced

Choreographer: Robert Cordoba (USA) & Doug Endo (USA)

Music: Gonna Make You Sweat - C&C Music Factory



## Start 1/4 turn to Right from main wall

- 1-4 Forward 4 steps (right, left, right, left)  
& Running man Bring right foot up to left knee  
5 Bring right down, slide left back  
& Bring left foot up to right knee  
6 Bring left down, slide right back  
& Bring right foot up to left knee  
7 Step forward on right pivoting  $\frac{1}{4}$  to left  
8 Slide left behind right
- 9 Hop cross left over right  
10 Pivot  $\frac{1}{2}$  to right  
11&12 Hop 3 times pivoting  $\frac{1}{2}$  to left
- 13-14 Push step to right with right, back to center  
15-16 Push step to left with left, back to center  
17-18 Pivot  $\frac{1}{4}$  turn to left, push to right with right, back to center  
19-20 Pivot  $\frac{1}{4}$  turn to right, push to left with left, back to center
- 21 Hop while pivoting to left  $\frac{1}{4}$   
22 Hop while pivoting to right  $\frac{1}{2}$   
23 Hop while pivoting to left  $\frac{1}{2}$   
24 Hop backwards with both feet  
25 Step to side with left  
26 Slide right to left  
27 Step forward with left  
28 Slide right to left while pivoting  $\frac{1}{4}$  to right
- 29 Hop forward with both feet  
30-32 Pivot backwards on right a full turn using left to push 3 times  
33& Kick right to side  
34& Kick left to side  
35& Toes out, in  
36& Toes out, in, then pivot  $\frac{1}{4}$  turn to left  
37& Kick right to side  
38& Kick left to side  
39& Toes out, in  
40& Toes out, in
- 41-44 Step with left 4 times to right turning  $\frac{1}{2}$  (pivot on right, weight left)  
45-48 Step with right 4 times to left turning  $\frac{1}{2}$  (pivot on left, weight right)
- 49&50 Jump with feet apart, jump together, jump with feet apart  
& Jump  $\frac{1}{2}$  to right, land with feet together  
51& Jump out, jump in

52& Jump out, jump  $\frac{1}{2}$  to left, land with feet together  
 53& Jump out, jump in  
 54& Jump out, jump  $\frac{1}{2}$  to right, land with feet together  
 55&56 Jump out, jump in, jump out  
  
 57-60 Step with right 4 times to left turning  $\frac{1}{4}$  (pivot on left, weight right)  
  
 61& Kick left to front, step back left  
 62& Step back right, step left in place  
 63 Step forward with right  
 64 Slide left to right, turn  $\frac{1}{4}$  to left  
 65& Kick left to front, step back left  
 66& Step back right, step left in place  
 67 Step forward with right  
 68 Slide left to right, turn  $\frac{1}{4}$  to left  
 69& Kick left to front, step back left  
 70& Step back right, step left in place  
 71 Step forward with right  
 72 Slide left to right, turn  $\frac{1}{4}$  to left  
 73& Kick left to front, step back left  
 74& Step back right, step left in place  
 75 Step forward with right  
 76 Slide left to right, turn  $\frac{1}{4}$  to left  
  
 77& Kick left to front, step back left  
 78& Step back right, step left in place  
 79 Step forward with right  
 80 Slide left behind right  
  
 81 Pivot  $\frac{1}{4}$  to right while kicking out with left  
 & Step in place with left  
 82& Step behind with right, step to side with left  
  
 83& Kick out with right, step in place with right  
 84& Step behind with left, step to side with right  
 85& Kick out with left, step in place with left  
 86& Step behind with right, step to side with left  
  
 87 Step forward with right  
 88 Pivot  $\frac{1}{4}$  to left, sliding left to right  
  
 & Running man Bring right foot up to left knee  
 89 Bring right down, slide left back  
 & Bring left foot up to right knee  
 90 Bring left down, slide right back  
 & Bring right foot up to left knee  
 91 Step forward on right  
 &92 Swivel heels to right, then back to center  
 & Running man Bring right foot up to left knee  
 93 Bring left down, slide right back  
 & Bring right foot up to left knee  
 94 Bring right down, slide left back  
 & Bring left foot up to right knee

95 Step forward on left  
 &96 Swivel heels to left, then back to center  
 97 Jump with feet apart  
 98 Jump together crossing right over left  
 99&100 Jump out, jump together, jump out  
  
 101-104 With feet apart, hop to right 4 times  
 105& Moving back to left: toes in, out  
 106& Toes in, out  
 107& Toes in, out  
 108 Toes in  
  
 109 Right leg up to right with right arm up (elbow bent)  
 110 Step to right push right arm back  
 111-112 Step to right 2 times  
 113 Step back on right  
 114 Step back left  
 115 Step back right  
 116 Hold  
  
 117 Weight on left, pivot  $\frac{1}{2}$  to left with right  
 118 Pivot  $\frac{1}{2}$  back  
 119 Pivot  $\frac{1}{2}$  to left  
 &120 Jump and cross right over left, jump apart  
 121 Pivot  $\frac{1}{2}$  to right  
 122 Pivot  $\frac{1}{2}$  back  
 123 Pivot  $\frac{1}{2}$  to right  
 &124 Jump and cross right over left, jump apart  
  
 125-126 Step big step forward with right for 2 beats  
 127-128 Step left to right for 2 beats  
 129-130 Step back with left for 2 beats  
 131-132 Step right to left for 2 beats  
  
 &133-136 Raise right foot to left knee, step to right with right, slide left to right  
 &137-140 Raise left foot to right knee, step to left with left, slide right to left  
**Original choreography of previous 8 beats:**  
 & Raise right foot to left knee  
 133 Step to right with right  
 134 Slide left to right  
 135&136 Toes out, in, out  
 & Raise left foot to right knee  
 137 Step to left with left  
 138 Slide right to left  
 139&140 Toes out, in, out  
  
 141-144 Walk forward right, left, right, left  
  
 145& Jump with feet apart, jump together  
 146& Jump feet apart, jump together  
 147& Jump feet apart, jump together  
 148& Jump feet apart, jump together, turning  $\frac{1}{4}$  to left

- 149& Kick to side with right, cross right over left (weight on right) (kick, cross)  
150& Step back on left, forward touch with right heel, step on right (hitch, step)  
151& Kick to side with left, cross left over right (weight on left) (kick, cross)  
152& Step back on right, forward touch with left heel, step on left (hitch, step)  
153& Kick to side with right, cross right over left (weight on right) (kick, cross)  
154& Step back on left, forward touch with right heel, step on right (hitch, step)  
155& Kick to side with left, cross left over right (weight on left) (kick, cross)  
156& Step back on right, forward touch with left heel, step on left (hitch, step)
- 157 Squat down  
158 Come back up
- 159& Kick out with left, step in place with left  
160& Step behind with right, step to side with left  
161& Kick out with right, step in place with right  
162& Step behind with left, step to side with right  
163& Kick out with left, step in place with left  
164 Step behind with right, step to side with left  
165& Step back on right, rock forward on left  
166& Rock back on right, rock forward on left
- 167& Kick out with right, step in place with right  
168& Step behind with left, step in place with right  
169& Kick out with left, step in place with left  
170& Step behind with right, step in place with left  
171 Cross right over left  
172 Pivot ½ to left

**REPEAT**

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