

# The Macmillan Shuffle

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Improver line/contra dance

**Choreographer:** Phil Johnson (UK)

**Music:** Tall Ships - Greyhound Express



## Dance in contra-lines

### CHASSE RIGHT, ROCK BACK, RECOVER: CHASSE LEFT, ROCK BACK RECOVER

- 1&2 Step right to right side, step left next to right, step right to right side  
3-4 Rock back on left behind right; recover weight forward on right  
5&6 Step left to left side, step right next to left, step left to left side  
7-8 Rock back on right behind left; recover weight forward on left

### RIGHT AND LEFT SHUFFLES FORWARD; ROCK FORWARD, RECOVER, SHUFFLE HALF TURN RIGHT

- 9&10 Step forward on right, step left next to right, step forward on right  
11&12 Step forward on left, step right next to left, step forward on left  
13-14 Rock forward on right, recover weight back on left  
15&16 Shuffle half turn right stepping right, left, right

### LEFT AND RIGHT SAILOR STEPS ; WALK FORWARD AND BACK

- 17&18 Step left behind right, step right to right side, step on left in place; (place right arm along stomach and left arm along bottom of the back if you like)  
19&20 Step right behind left, step left to left side, step on right in place; (place left arm along stomach and right arm along bottom of the back if you like)  
21-22 Step forward on left, touch right beside left with a clap  
23-24 Step backward on right, touch left beside right with a clap

### ROCK STEPS, HEEL SWITCHES AND CLAPS

- 25-26 Rock back on left, recover weight forward on right  
&27-28 Step on left beside right, rock back on right, recover weight forward on left  
29&30 Dig right heel forward, step on right beside left, dig left heel forward  
&31&32 Step on left beside right, dig right heel forward, clap hands, clap hands (weight remains on left foot ready to start again)

## REPEAT

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