

Lovestoned

Count: 32

Wall: 2

Level: Intermediate hip hop

Choreographer: Mark Furnell (UK)

Music: Lovestoned - Justin Timberlake



WALK FORWARD X3, PIVOT POINT, FLICK STEP, HOLD, POP KNEES

- 1-2 Walk forward, right, left
- 3-4 Walk forward right, pivot $\frac{1}{2}$ turn right on right foot and point left toe to side
- 5-6 Flick left foot behind right leg, step down on left foot
- 7&8 Hold for one beat, lift both heels off floor and step both feet down (knee pops) weight ending on left foot

CROSS ROCK, CHASSE, ROCK BACK, POINT AND HOLD

- 9-10 Rock right across left, replace weight back on left
- 11&12 Step side on right, close left to right, step right to side
- 13-14 Rock back on left, forward on right
- 15-16 Point left to side and hold for one beat

Add some attitude look to the right as you hold

CROSS, STEP, SAILOR $\frac{1}{4}$ TURN, HITCH, HITCH TURN, SHUFFLE

- &17-18 Step down on left and cross right over left, step left to side
- 19&20 Sailor step making a $\frac{1}{4}$ turn right
- 21-22 Hitch left knee forward, hitch left knee making $\frac{1}{2}$ turn right
- 23&24 Shuffle forward left, right, left

HITCH TURN, HITCH TURN, CHASSE, SIDE TOGETHER, CHASSE

- 25-26 Hitch right knee making $\frac{1}{4}$ turn left, hitch right knee making $\frac{1}{2}$ turn left
- 27&28 Step side on right, close left to right, step right to side
- 29-30 Step side on left, close right to left
- 31&32 Step side on left, close right to left, step side on left

REPEAT

The track is very long. I suggest you fade it out after 4 minutes
