Loved & Lost

Count: 34   **Wall:** 4   **Level:** Improver

Choreographer: Neil Cordery (UK)

Music: Have You Ever - S Club 7

ROCK AND TURN, STEP LOCK STEP

1&2	Rock forward on right foot, replace weight onto left, step right into ¼ turn
3&4	Step forward on left foot, lock right behind left, step forward on left foot
5&6	Rock forward on right foot, replace weight onto left, step right into ½ turn
7&8	Step forward on left foot, lock right behind left, step forward on left foot

ROCK RIGHT, LEFT RIGHT, LEFT CHASSE, ROCK AND TURN, FULL TURN STEPPING LEFT, RIGHT, LEFT

9&10	Rock right to right side, replace weight onto left, rock to side on right
11&12	Step to side on left foot, close right beside left, step to side on left
13&14	Rock forward on right foot, replace weight onto left, step right into ½ turn
15&16	Full turn traveling forward stepping left, right, left

ROCK AND TURN, IN FRONT, SIDE, BEHIND, SWEEP, BEHIND, SIDE, IN FRONT, ROCK AND TURN

17&18	Rock forward on right, replace weight onto left, step right into ¼ turn
19&20&	Cross left in front of right, step right to right side, step, step left behind right, with weight on left, sweep right foot round and behind left foot
21&22	Step weight onto right and behind left foot, step left foot to left side, cross right in front of left
23&24	Rock forward on to left foot, replace weight on to right, step left foot into ¼ turn

STEP, LOCK, STEP FORWARD, ROCK LEFT, RIGHT, LEFT, RIGHT SIDE CHASSE, ROCK AND REPLACE

25&26	Step forward on right foot, lock left behind right, step forward right
27&28	Rock left out to left side, replace weight on to right, rock left out to left side
29&30	Step right to right side, close left up beside right, step right to right side
31&32	Rock left behind right foot, replace weight on to right, step left beside right

UNWIND FULL TURN

| 33-34 | Cross right over left and unwind a full turn (weight remains on left foot) |

REPEAT