

Love Really Hurts

Count: 32

Wall: 2

Level: Improver

Choreographer: Kate Martin (UK)

Music: Love Really Hurts Without You - Billy Ocean



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- 1-2-3-4 Left heel bounce x 4, while left arm extended, palm downwards, sweeping out to the left in time with heel bounces
- 5-6-7-8 Right heel bounce x 4, while right arm extended, palm downwards, sweeping out to the right in time with heel bounces
- 9&10 Shuffle to the left
- 11-12 Rock back on the right foot, then back onto the left foot
- 13 Step right foot to the right side
- 14 Step left foot behind right
- & Step right foot to right side, turning a ¼ turn to the right
- 15-16 Step rock forward onto left foot, then rock back onto right foot
- 17&18 Starting with the left foot, sailor step
- 19&20 Starting with the right foot, sailor step
- 21-22 Step left foot behind right and unwind half a turn
- 23-24 Body roll
- 25-26 Bump hips left, right
- 27-28 Bump hips twice to the left
- 29-30 Bump hips twice to the right
- 31&32 Left kick ball change, turning ¼ turn to the left

REPEAT
