

Loud 'n' Proud

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Johnny S. (UK)

Music: Redneck Woman - Gretchen Wilson



RIGHT & LEFT TOE FANS, KICK-BALL-CHANGE, PIVOT ½ TURN LEFT

- 1&2& Fan right toe to right, fan right toe back to center, fan right toe to right, fan right toe back to center
3&4& Fan left toe to left, fan left toe back to center, fan left toe to left, fan left toe back to center (weight on left)
5&6 Right kick ball change
7-8 Step right forward, pivot ½ turn left (weight ends on left)

WEAVE LEFT, ROCK-RECOVER-CROSS, WEAVE RIGHT, LEFT SAILOR ¼ TURN RIGHT & POINT

- 1&2& Cross-step right over left, step left to left side, cross right behind left, step left to left side
3&4 Rock right foot to right side, recover on left, cross right over left
5&6& Cross-step left behind right, step right to right side, cross left in front of right, step right to right side
7&8 Step left foot behind right, step right into ¼ turn right, point left toe to left side

CROSS, ¼ TURN LEFT. CHASSE LEFT, CROSS, ¼ TURN RIGHT, RIGHT SAILOR ¼ TURN RIGHT & POINT

- 1-2 Cross-step left over right, step right back into ¼ turn left
3&4 Chasse left on left, right, left

Dance up to here after the 2nd tag & restart dance again from beginning - facing back wall

- 5-6 Cross-step right over left, step left back into ¼ turn right
7&8 Sweep-cross right behind left, step left into ¼ turn right, point right toe to right side

HEEL-TURN ¼ LEFT, SIDE MAMBO, FORWARD MAMBO, JUMP-TOUCH-KICK

- 1& Touch right heel forward, on ball of left foot make 1/8 turn left & touch right beside left
2& Touch right heel forward, on ball of left foot make 1/8 turn left & touch right beside left
3&4 Rock-step right to right side, recover on left, step right beside left
5&6 Rock-step left foot forward, recover on right, step left beside right
&7-8 Step-jump back on right, touch left toe in front of right, kick left foot forward (or click fingers / clap)

CHASSE, ROCK-RECOVER, CHASSE, UNWIND ½ TURN LEFT

- 1&2 Chasse left on left, right, left
3-4 Cross-rock right over left, recover on left
5&6 Chasse right on right. Left, right
7-8 Touch left foot behind right, unwind ½ turn left (weight ends on left)

RIGHT SAILOR, LEFT SAILOR WITH ¼ TURN RIGHT, WALK TWICE, KICK BALL CHANGE

- 1&2 Right sailor-step
3&4 Left sailor-step with ¼ turn right
5-6 Walk forward right, left
7&8 Right kick-ball-change

REPEAT

TAG

Always danced at front wall. Danced after 2nd & 4th sequence & danced twice after last sequence

1-2 Skate forward on right, skate forward on left

At same time punch right and left hand into air above your head

3-4 Skate forward on right, skate forward on left

At same time punch right and left hand into air above your head

5&6& Run back right, left, right, touch left beside right

7-8 Stomp left foot slightly forward, stomp-up right beside left (weight ends on left foot)

RESTART

Dance up to count 20 after the 2nd tag & restart dance again from beginning, facing back wall
