

# Lost And Found

Count: 32

Wall: 2

Level: Improver

Choreographer: Jan Wyllie (AUS)

Music: The Lost and Found - The Derailers



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## ROCK ROCK SHUFFLE, ROCK ROCK SHUFFLE

1-2-3&4 Rock/step forward on left, rock back on right, shuffle back left, right, left

5-6-7&8 Rock/step back on right, rock forward on left, shuffle forward right, left, right

## STEP SWEEP SHUFFLE, ROCK ROCK COASTER

9-10 Step left across right, sweep right around to front (weight stays on left)

11&12 Shuffle forward right, left, right towards the left diagonal

13-14 Rock/step forward on left, rock back on right

15&16 Step back on left, step right beside left, step forward on left (still facing left diagonal)

## STEP SWEEP SHUFFLE, ROCK ROCK COASTER

17-18 Step forward on right, sweep left around to front (weight stays on right)

19&20 Shuffle forward left, right, left towards the right diagonal

21-22 Rock/step forward on right, rock back on left

23&24 Step back on right, step left beside right, step forward on left (still facing right diagonal)

## STEP PIVOT SHUFFLE, FULL TURN, SHUFFLE

25-26 Step forward on left, pivot 3/8 turn right (to back wall) transferring weight to right

27&28 Shuffle forward left, right, left

29-30 Step forward right, left while making a full turn left (or just walk forward)

31&32 Shuffle forward right, left, right

## REPEAT

## TAG

At the end of walls 2,3,5,8

## HIP BUMPS

1-2 Step forward on left bumping hips forward, bump hips back

3-4 Bump hips forward, bump hips back

Now start the dance again by rocking forward and back

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