

Lose Control

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Kathy Brown (USA) & Nancy Morgan (USA)

Music: I Wanna Be With U - Fun Factory



LUNGE RETURN KICK, ¼ RIGHT STEP, SYNCOPATED STEPS, ¼ TURN LEFT

- 1-2 Lunge forward on right, as you return kick right forward
- 3-4 Touch right back, turn ¼ left stepping down on right
- &5 Step left next to right, step right to side
- &6 Step left next to right, step right to side
- &7 Step left next to right, step right to side
- 8 Turn ¼ left, (weight is on right) left toe is touching

Styling:

- 4 Sweep right arm up and over chest
- &5 Hips go down, arm sweeps across the body to a down position
- &6 Hips go up, arm sweeps across the chest to a up position
- &7 Hips go down, arm sweeps across the chest to a down position

PUSH RETURN, PUSH HITCH ¼ TURN LEFT, STEP RIGHT BACK ¼, STEP BACK LEFT VAUDEVILLE, CROSS RIGHT OVER LEFT

- 1-2 Push left forward (leaning with chest), return right
- 3-4 Push left forward, turning ¼ left hitch right
- 5-6 Step right back turning ¼ left, step left back
- &7 Step right back, tap left heel forward (45)
- &8 Step left next to right, cross right over left

UNWIND ¾ TURN LEFT, TOUCH RIGHT BACK, PIVOT ½ LEFT, ROCK RETURN 1 ½ TRIPLE TURN RIGHT

- 1-2 Unwind ¾ left (weight ends on right)
- 3-4 Touch left toe back, pivot ½ left (weight transfers to left)
- 5-6 Rock forward on right, return left
- 7&8 Turning ½ right, step right forward, turning ½ right step left forward, turning ½ right step right back

ROCK RETURN, STEP BACK, RIGHT COASTER, PT LEFT, PT RIGHT, TAP LEFT FORWARD

- 1-2 Rock left forward, return right
- 3&4 Step back left, step back right, point left to side
- &5& Step left next to right, point right to side, step right next to left
- 6&7 Tap left heel forward, step left next to right, tap right heel forward
- &8& Step right next to left, tap left heel forward, step left next to right

REPEAT
