

Long Slow Beautiful Dance

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Setsuko Motoki (JP)

Music: Long Slow Beautiful Dance - Rascal Flatts



STEP, ROCK, RECOVER, TWICE, PIVOT ½ TURN LEFT, RIGHT COASTER

- 1-2& Step diagonally forward on right foot, rock left foot behind right, recover to right foot
- 3-4& Step diagonally forward on left foot, rock right foot behind left, recover to left foot
- 5-6 Step forward on right foot with ½ turn left, step back on left foot
- 7&8 Step back on right foot, step left foot beside right, step forward on right foot

STEP, ROCK, RECOVER, TWICE, PIVOT ½ TURN RIGHT, LEFT COASTER

- 1-2& Step diagonally forward on left foot, rock right foot behind left, recover to left foot
- 3-4& Step diagonally forward on right foot, rock left foot behind right, recover to right foot
- 5-6 Step forward on left foot with ½ turn right, step back on right foot
- 7&8 Step back on left foot, step right foot beside left, step forward on left foot

WEAVE RIGHT, ROCK, RECOVER, TRIPLE ¾ TURN LEFT

- 1-2& Step right foot to right side, step left foot behind right, step right foot to right side
- 3&4 Step left foot across right step right to right side, step left foot behind right
- 5-6 Rock forward on right foot, recover to left foot with ¼ turn left
- 7&8 Triple ½ turn left stepping right-left-right

SHUFFLE FORWARD, SHUFFLE RIGHT, ROCK, RECOVER, SHUFFLE LEFT

- 1&2 Step forward on left foot, step right foot beside left, step forward on left foot
- 3&4 Step right foot to right side, step left foot beside right, step right foot to right side
- 5-6 Rock left foot across right, recover to right foot
- 7&8 Step left foot to left side, step right foot beside left, step left foot to left side

REPEAT
