

# Lonely Times

**COPPER KNOB**  
BY STEPHEN

Count: 32

Wall: 2

Level: Improver

Choreographer: Sharon Orr (UK)

Music: Unchained Melody - Gareth Gates



Dance starts as soon as Gareth sings "Oh my love"

## **SWAY RIGHT, LEFT, RIGHT SIDE SHUFFLE, ROCK OVER AND BACK, LEFT SIDE SHUFFLE ¼ TURN**

- 1-2 Step right slightly and sway hips left then right
- 3&4 Step right to right side, bring left up to right, step right to right side
- 5-6 Rock left foot over right, rock back onto right
- 7&8 Step left to left side, bring right up to left, step left making ¼ turn to the left

## **FULL TURN, RIGHT MAMBO, STEP TOUCH, RIGHT COASTER STEP**

- 1-2 Make a full turn over left shoulder stepping right, left
- 3&4 Step forward on right, step left next to right, step back on right
- 5-6 Step back on left, bring right foot to left and touch
- 7&8 Step back on right, bring left to right, step forward on right

**The full turn may be replaced with two walks forward on right then left**

## **STEP TOUCH, RIGHT KICK BALL CHANGE, STEP PIVOT ¼, BEHIND, SIDE, IN FRONT.**

- 1-2 Step forward on left, bring right to left with a touch
- 3&4 Kick right forward, replace right foot, change weight to left
- 5-6 Step forward on right foot, pivot ¼ turn left
- 7&8 Step right foot behind left, step left to left side, step right in front

## **STEP PIVOT ½, RIGHT TURNING ½ SHUFFLE, STEP TOUCH COASTER STEP**

- 1-2 Step forward on left, pivot ½ turn right
- 3&4 Step left to left, bring right to left, step left as you turn ½ turn over right shoulder moving slightly back as you turn
- 5-6 Step back on right, bring left to right with a touch
- 7&8 Step back on left, bring right to left, step forward on left

**The last ½ turning shuffle can be replaced with two full turns if wished**

**REPEAT**

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