

# Lone Star Lonesome

**COPPER** **NOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Adrian Churm (UK)

**Music:** Lonestar Lonesome - Dave Sheriff



---

## **SUGAR FOOT WITH SHUFFLES FORWARD ON RIGHT AND LEFT FOOT, ROCK STEP, SHUFFLE BACK AND BACK PIVOT TURN, SHUFFLE FORWARD**

- 1-2 Touch right toe into left instep, touch right heel into left instep
- 3&4 Shuffle forward, right, left, right
- 5-8 Repeat steps 1-4 on the opposite foot
- 9-10 Step forward on right, replace weight back onto left
- 11&12 Shuffle backwards right, left, right
- 13-14 Touch left toe back and make a half turn to the left, ending with the weight on the left foot
- 15&16 Shuffle forward right, left, right

## **LEFT AND RIGHT KICK STEPS AND SWIVELS, CROSS ROCK, QUARTER TURN SHUFFLE, ROCK REPLACE, BACK STEP, DRAW AND TAP**

- 17&18 Kick left foot forward, step back with left, tap right toe forward (knee bent)
- &19&20 On the balls of both feet swivel heels right, center, right, center
- 21-24 With weight on the left foot repeat 17-20 on the right foot
- 25-26 Rock step, right foot forward and across left, replace weight back onto left foot
- 27-28 Making a quarter turn to the right, shuffle right, left, right
- 29-32 Left foot forward, replace weight back onto right foot, step left foot back and draw right foot towards left and tap next to left

**REPEAT**

---