

# Livin' Life...And Livin' Well

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wall: 2

Level: Improver

Choreographer: Sylvia Schell (USA)

Music: Living and Living Well - George Strait



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## WALK, WALK, FORWARD SHUFFLE, STEP, KICK, STEP, TOUCH

- 1-2 Walk left, right
- 3&4 Shuffle left forward (left, right, left)
- 5-6 Step forward on right foot, kick left foot forward
- 7-8 Step back on left foot, touch right toe beside left instep

## STEP, SLIDE, STEP, TOUCH, TURN, KICK, COASTER STEP

- 1-2 Step side right with right, slide left beside right
- 3-4 Step side right with right, touch left toe beside right instep
- 5-6 Turn ¼ turn left stepping on left foot, kick right foot forward
- 7&8 Step back on right, step left foot beside right, step right foot forward

## WALK, WALK, OUT-OUT, IN-IN, STEP, KICK, STEP, TOUCH

- 1-2 Walk left, right
- &3&4 Left step to left side, right step to right side, left step in, right step in beside left
- 5-6 Step forward on left, kick right forward
- 7-8 Step back on right, touch left toe beside right instep

## SIDE, BEHIND, TURN SHUFFLE, STEP, HOLD(CLAP), AND STEP, HOLD(CLAP)

- 1-2 Step left to left side, step behind left with right
- 3&4 Turn ¼ turn left doing a shuffle left (left, right, left)
- 5-6 Step right forward, hold (clap on hold)
- &7-8 Step left forward beside right, step forward on right, hold (clap on hold)

**REPEAT**

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