

Live Life

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Glynn Rodgers (UK)

Music: Life - Des'ree



SIDE ROCK, CROSS SHUFFLE, HEEL JACK, CROSS SHUFFLE, HEEL JACK

- 1-2 Rock right to right side, recover weight onto left
- 3&4 Cross right over left, step left to left side, cross right over left
- &5 Step slightly back left, dig right heel diagonally forward
- & Step right to place
- 6&7 Cross left over right, step right to right side, cross left over right
- &8 Step slightly back right, dig left heel diagonally forward

STEP, CROSS UNWIND, COASTER STEP, SKATES, SHUFFLE

- &1-2 Step left back to place, cross right over left, unwind $\frac{3}{4}$ left
- 3&4 Step back left, close right to left, step forward left
- 5-6 Skate forward right and left
- 7&8 Step forward right, close left to right, step forward right

ROCK, FULL TURN BACK, COASTER STEP, KICK BALL CHANGE

- 1-2 Rock forward left, recover weight onto right
- 3 Turn $\frac{1}{2}$ turn left stepping forward left
- 4 Turn $\frac{1}{2}$ turn left stepping back right
- 5&6 Step back left, close right to left, step forward left
- 7&8 Kick right foot forward, step right to place, step left to place

PIVOT TURN, WALK, KICK BALL TOUCH BACK, TURN, CLAP

- 1-2 Step forward right, pivot $\frac{1}{2}$ turn left
- 3-4 Walk forward right and left
- 5&6 Kick right foot forward, step right to place, touch left toe back
- 7-8 Twist $\frac{1}{4}$ turn left, clap

REPEAT
