

# Live It!

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Maureen Jones (UK) & Michelle Jones (UK)

**Music:** It's My Life - Bon Jovi



## **STEP BACK, STEP ½ TURN RIGHT, TRIPLE ½ TURN RIGHT, COASTER, STEP, ¼ TURN LEFT STOMP-UP**

- 1-2 Step back on left, on ball of left spin ½ turn right and step forward on right  
3&4 Making ½ turn right step on left, right, left  
5&6 Step back on right, step left beside right, step right forward  
7-8 Step forward on left, on ball of left spin ¼ turn left and stomp-up right beside left

## **SCUFF, STOMP, HEEL BOUNCE TWICE, SCUFF, STOMP, ½ TURN STOMP, TOUCH**

- 9-10 Scuff right forward, stomp right slightly forward  
11-12 Bounce right heel in place twice (end with weight on right)  
13-14 Scuff left forward, stomp left slightly forward  
15-16 On ball of left spin ½ turn right and stomp right beside left, point left toes to left

## **STEP, TOUCH, CROSS STEP, HOLD, UNWIND, STEP, SWITCHES HEEL-TOE-HEEL**

- &17-18 Step left beside right, point right toes to right, step right across left  
19-20 Hold, unwind ½ turn over left shoulder (end with weight on right)  
21-22& Step left to left, touch right heel forward, step right beside left  
23&24& Touch left toe back, step left beside right, touch right heel forward, step right beside left

## **ROCK, COASTER, WALK, WALK, SHUFFLE**

- 25-26 Rock forward on left, recover weight on right  
27&28 Step back on left, step right beside left, step left forward  
29-30 Walk forward on right, left  
31&32 Shuffle forward on right, left, right

## **REPEAT**

## **TAGS**

On walls 2, 6, 10 (always facing the "left" wall from where you start), only dance counts 1-20.  
Immediately after the 4th wall

## **TOUCH, CROSS STEP, HOLD, UNWIND ½ TURN, WALK X4**

- &1-2 Step left beside right, touch right toes to right, step right across left  
3-4 Hold, unwind ½ turn left (weight on right)  
5-8 Walk forward on left, right, left, right

## **TOUCH, CROSS STEP, HOLD, UNWIND ½ TURN, WALK X4**

- &9-10 Step left beside right, touch right toes to right, step right across left  
11-12 Hold, unwind ½ turn left (weight on right)  
13-16 Walk forward on left, right, left, right

## **FINISH**

There is an extra count at the end of the song where Jon Bon Jovi sings "Life". On this count throw both arms into the air.