Letters And Pictures

Level: Intermediate/Advanced

Choreographer: Cathryn Proudfoot (AUS)

Count: 32

Music: Somewhere Inside - Chris Cummings

LEFT SAMBA STEP, CROSS ROCK REPLACE

- Step left over right, rock right to side, replace weight to left 1&2
- &3-4 Step right over left, rock left to side, replace weight to right

3/4 HINGE TURN (LEFT), SHUFFLE FORWARD (RIGHT), ROCK FORWARD, BACK

- Turn ³/₄ turn back over left shoulder to step left forward (feels like a hinge turn) &
- 5&6-7-8 Shuffle forward right: stepping right forward, left together with right, and right forward, rock left forward, replace weight back on right

AND ROCK FORWARD, BACK, TURN BACK 1 ¼ (RIGHT)

- &1-2 Step left back together with right, rock right forward, replace weight back on left
- &3-4 Turning ¹/₂ turn back to right step right forward, turn ¹/₂ turn right to step left forward, turn ¹/₄ turn right to step right to side

CROSS ROCK, AND CROSS UNWIND FULL TURN (LEFT)

- 5-6 Step left across in front of right, replace weight back on right
- &7-8 Step left to side, cross right over left, unwind full turn left (weight ends on right)

LEFT COASTER STEP, SIDE, ROCK, CROSS

- 1&2 Left coaster step: step back on left, step right back together with left, step left forward
- Step right to side, replace weight to left, step right over left &3-4

TOUCH CROSS STEP, 1 ¼ TRIPLE STEP TURN (LEFT)

- 5&6 Touch left toe to side, step left over right, step right to side
- 7&8 Turn 1 ¼ turns left in triple step: turn ¼ turn left stepping left forward, turn ½ turn left stepping right back, turn 1/2 turn left stepping left forward

ROCK FORWARD, BACK, STEP: BACK, BACK, CROSS, TOUCH

1-2-3& Rock right forward, replace weight back on left, step back on right, step back on left Step right across in front of left, touch left toe to side 4&

LEFT SAILOR STEP WITH TOE STRUT

5&6& Step left behind right, step right to side, step left toe to side, drop left heel to floor

RIGHT SAILOR STEP WITH TOE STRUT

7&8& Step right behind left, step left to side, step right toe to side, drop right heel to floor Allow your body to angle naturally with these last 4 counts

REPEAT

TAG 1

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Two extra beats to dance that occur between beats 24 and 25. These are danced during the chorus of the song on the 3rd and 5th walls:

FULL TURN LEFT

Turn ¹/₂ turn left stepping right back, turn ¹/₂ turn left stepping left forward

RESTART

Occurs while you are dancing the 4th wall. Dance up to beat 16 (cross unwind full turn) and restart dance





Wall: 4

from beginning

After dancing the first 5 walls (including the restart wall), dance through until the end. There are a few times when you will feel like you should restart again but I felt that "over -phrasing" would spoil the effect of the dance, on the whole

ENDING

You will have 4 beats to dance at the end. Simply rock onto the right foot to face the front