

Land Down Under

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Hedy McAdams (USA)

Music: Down Under - Men At Work



A special thank you to Jeanette Feinberg, San Mateo, California, for suggesting the recommended music for this choreography, and to Sheila Lee, of Brea, California, for suggesting the country alternative

RIGHT-LEFT-RIGHT, SKATE, SKATE, LEFT-RIGHT-LEFT, RIGHT, BACK

- 1&2 Angling body left, shuffle forward, right-left-right
- 3 Turn body ¼ left (9:00) and skate (slide-step) left to the left
- 4 Angle body right and skate (slide-step) right to the right
- 5&6 Turn body ¼ left (6:00) and shuffle forward left-right-left
- 7-8 Step right to right, step left back

You should be facing 6:00 wall, weight left

CROSS & CROSS, LEFT, BACK, CROSS, & CROSS, & CROSS, TURN

- 1&2 Cross shuffle left, right over left, right-left-right
- 3-4 Step left to left, step right to right and back
- 5 (Begin cross shuffle to right) cross left over right
- &6 (Short) step right to the right, cross left over right
- &7 (Short) slide-step right to right, cross left over right
- 8 Step right to right and turn body ¼ left (3:00)

You should be facing 3:00 wall, weight right

WALK, TAP, CROSS-BALL-STEP, WALK, TAP, CROSS-TURN-SIDE

- 1 Step left forward (bending left knee into a "dip")
- 2 (Straighten left knee to standing) tap right toe diagonally forward right
- 3 (Begin cross-ball-step) cross right over left
- &4 Step ball of left to left, step right forward
- 5 Step left forward (bending left knee into a "dip")
- 6 (Straighten left knee to standing) tap right toe diagonally forward right
- 7 (Begin cross-ball-side with a turn) cross right over left
- & Turn body ¼ right (6:00) and rock-step ball of left to left
- 8 Step right to right (and slightly back)

You should be facing 6:00 wall, weight right

CROSS, & BEHIND -& CROSS, TURN, BACK-TOGETHER-FORWARD, FULL TURN, STEP

- 1 (Begin running vine) cross left over right
 - &2 Step right to right, step left behind right
 - &3 Step right to right, cross left over right
 - 4 Turn body ¼ left (3:00) and step right back
 - 5 (Begin coaster-step) step left back
 - & Step right beside left
 - 6 Step left forward (with left toe pointed left)
 - 7 Step forward on ball of right and turn a full turn left
- You needn't make it all the way around in one count. It is ok to use count 8 to complete the turn
- 8 Step left forward

REPEAT