

Lady Soul

Count: 48

Wall: 4

Level: Beginner

Choreographer: Shirley Sharp (USA)

Music: Lady Soul - The Temptations



ROCK STEP, CHA-CHA-CHA, ROCK STEP, CHA-CHA-CHA

- 1-2 Rock back on right foot, rock forward on left foot
- 3&4 Cha-cha-cha in place (right, left, right)
- 5-6 Rock forward on left foot, rock back on right foot
- 7&8 Cha-cha-cha in place (left, right, left)

ROCK STEP, CHA-CHA-CHA, ½ PIVOT TURN, CHA-CHA

- 1-2 Rock back on right foot, rock forward on left foot
- 3&4 Cha-cha-cha in place (right, left, right)
- 5-6 Step forward on left foot, pivot ½ turn to right
- 7&8 Cha-cha-cha in place (left, right, left)

½ PIVOT TURN, CHA-CHA, TOUCH, SLIDE

- 1-2 Step forward on right foot, pivot ½ turn to left
- 3&4 Cha-cha-cha in place (right, left, right)
- 5-8 Touch left foot to left side, slide left toe to right foot

ROCK STEP, CHA-CHA-CHA, PIVOT ½, CHA-CHA-CHA ½ TURN

- 1-2 Rock back on right foot, rock forward on left foot
- 3&4 Cha-cha-cha in place (right, left, right)
- 5-6 Step forward on left foot, pivot ½ turn to right
- 7&8 Cha-cha-cha in place (left, right, left) while turning ½ turn to right

ROCK STEP, CROSS, POINT, CROSS, HOLD, JUMP, CROSS, HOLD

- 1-2 Rock back on right foot, rock forward on left foot
- 3-4 Cross right foot over left, point left with left foot
- 5-6 Cross left foot behind right, hold
- 7&8 Small jump to right side on right, cross left foot over right, hold

FOUR STEP TOUCHES WITH TURNS

- 1-2 Turn ¼ turn right, stepping on right foot, touch left & clap
- 3-4 Turn ½ turn left, stepping on left foot, touch right & clap
- 5-6 Turn ½ turn right, stepping on right foot, touch left & clap
- 7-8 Turn ½ turn left, stepping on left foot, touch right & clap

REPEAT
