

# La Camisa (The Shirt)

Count: 40

Wall: 4

Level: Intermediate

Choreographer: Maria Louise (UK)

Music: La Camisa Negra - Juanes



## WALK TWICE, FORWARD MAMBO, FULL TURN, SAILOR ¼ TURN

- 1-2 Walk forward right, left  
3&4 Rock forward right, recover on left, step slightly back on right  
5-6 Make ½ turn left step forward left, make ½ turn left step back right

### Easy option: walk back left, right

- 7&8 Sweep left and step behind right, make ¼ turn left step right next to left, step left to left side (9:00)

## ROCK AND STEP, ROCK AND ¼ TURN, STEP, PIVOT ½, ¼ ROCK AND CROSS

- 1&2 Rock right across left, recover on left, step right to right side  
3&4 Rock left across right, recover on right, make ¼ turn left step forward on left (6:00)  
5-6 Step forward right, pivot ½ turn left (12:00)  
7&8 Keep turning make ¼ turn left rock right to right side, recover on left, cross right over left (9:00)

## CHASSE, WEAVE, CHASSE, SAILOR ¼ TURN

- 1&2 Chasse left stepping left, right, left  
Optional: make ¼ turn right step back on left, make ½ turn right step forward on right, make ¼ turn right step left to left side  
3&4 Step right behind left, step left to left side, cross right over left  
5&6 Chasse left stepping left, right, left  
7&8 Step right behind left, make ¼ turn right step left next to right, step forward right (12:00)

## LOCKING SHUFFLE, FULL TURN, LOCKING SHUFFLE, FORWARD MAMBO

- 1&2 Step forward left, lock right behind left, step forward left  
3-4 Make ½ turn left step back on right, make ½ turn left step forward on left (12:00)  
Easy option: walk forward right, left  
5&6 Step forward right, lock left behind right, step forward right  
7&8 Rock forward left, recover on right, step left next to right with weight

Restart from here on wall 5, facing the front

## ROCK RECOVER TWICE, WEAVE, ROCK RECOVER TWICE, MODIFIED SAILOR ¼ TURN

- 1&2& Rock forward right, recover on left, rock right to right side, recover on left  
3&4 Step right behind left, step left to left side, cross right over left  
5&6& Rock forward left, recover on right, rock left to left side, recover on right  
7&8 Step left behind right, make ¼ turn right step forward right, step forward left (3:00)

REPEAT

RESTART

Restart after 32 count on wall 5 facing the front