

# Kickin Changes

Count: 32

Wall: 4

Level: Improver

Choreographer: Nancy Morgan (USA)

Music: New Day Dawning - Wynonna



## **KICK-BALL-CHANGE, OUT, OUT, IN, IN, SHUFFLE FORWARD, HALF TURN**

- 1&2 Kick right foot, put right foot next to left as you lift left foot, set left foot down  
&3&4 Put right foot out to right side, put left foot out to left side, put right foot back, then left foot back together  
5&6 Shuffle forward, right, left, right  
7-8 Step forward on left, pivot ½ turn to your right ending with weight on right

## **HEEL AND CROSS AND HEEL AND TOGETHER, KICK-BALL-CHANGE, KICK-BALL-CROSS**

- 1&2 Put left heel forward, put left next to right, cross right foot over left with weight on right  
&3&4 Put left next to right, put right heel forward, put right next to left as you lift left foot up, set left foot next to right (weight is on left)  
5&6 Kick right foot, put right foot next to left as you lift left foot, set left foot down  
7&8 Kick right foot, put right foot next to left as you lift left foot, cross left over right with weight on left

## **TOUCH, CROSS STEP, TOUCH, CROSS STEP, KICK-BALL-CHANGE, CROSS, ½ TURN**

- 1-2 Touch right to right side, cross right over left (weight on right)  
3-4 Touch left to left side, cross left over right (weight on left)  
5&6 Kick right foot, put right foot next to left as you lift left foot, set left foot down  
7-8 Cross right over left, turn ½ turn to your left

## **SHUFFLE FORWARD, STEP FORWARD, ¾ TURN, STEP, SAILOR SHUFFLE, WALK, WALK**

- 1&2 Shuffle forward, right, left, right  
3-4 Step forward on left, turn ¾ turn to your right (weight is on right)  
5-6& Step left to left side, step right behind left, step left to left side  
7-8 Step right foot forward, step left foot forward

**REPEAT**

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