

# Keep On Moving

**COPPER** KNOB  
BY STEPHEN METZ

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Joanne Billington, Joy Layer (UK) & Janet Billington (UK)

**Music:** Powerful Thing - Trisha Yearwood



---

## MONTEREY TURN RIGHT, THEN LEFT, RIGHT VINE

- 1-4            ½ Monterey turn right (touch left next to right)
- 5-8            ½ Monterey turn left (touch right next to left)
- 9-12           Vine to right (stomp left next to right)

## TWIST HEELS & TOES, ROCK SIDE & BACK, CROSS OVER SHUFFLE

- 13-16           Twist heels left, toes left, heels left, toes center
- 17-18           Rock right to right, rock back on left
- 19&20           (Cross right over left) make right cross over shuffle

## STEP TOUCHES, LEFT VINE WITH ¼ TURN, SCUFF RIGHT, RIGHT JAZZ BOX

- 21-22           Step left to left, touch right next to left
- 23-24           Step right to right, touch left next to right
- 25-28           Vine to left with ¼ turn left, scuff right
- 29-32           Right jazz box (stomp left next to right)

**REPEAT**

---