

# Ka-Mitt-Me

**Count:** 32

**Wall:** 2

**Level:** line/contra dance

**Choreographer:** Iris M. Mooney (USA)

**Music:** Can't Help It - Scooter Lee



## **ROMP & JUMP, HEEL SPITS, CLAPS**

- 1& Jump back on left foot at 45 degrees angle facing right and extend right heel forward at 45 degrees right
- 2 Jump both feet back in place
- 3& Jump back on right foot at 45 degrees angle facing left and extend left heel forward at 45 degrees left
- 4 Jump both feet back in place
- 5-6 Hell split (both heels fan out and back in place)
- 7-8 Clap hands twice

## **SHUFFLES FORWARD RIGHT & LEFT, ½ TURN LEFT**

- 9&10 Shuffle forward (right-left-right)
- 11&12 Shuffle forward (left-right-left)
- 13 Step forward right foot turn ½ left
- 14 Step left foot

## **JAZZ BOX-STOMP- KICK-BALL-CHANGES**

- 15 Cross right foot over left foot
- 16 Step back left foot
- 17 Step right foot next to left foot
- 18 Stomp-up left foot
- 19& Kick left foot forward, step on ball of left foot
- 20 Change weight to right foot
- 21& Kick left foot forward, step on ball of left foot,
- 22 Change weight to right foot

## **LEFT SLIDE**

- 23 Slide left foot to left side
- 24 Slide right foot along side of left foot

## **THREE STEP TURN RIGHT**

- 25 Step right foot ¼ right,
- 26 Step left foot ¼ right
- 27 Step right foot ½ right
- 28 Touch left foot next to right foot

## **VINE LEFT**

- 29 Step left foot to left side,
- 30 Step right foot behind left foot
- 31 Step left foot to left side,
- 32 Step right foot next left foot

## **REPEAT**

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