

# Holdin' Her

Count: 48

Wall: 2

Level: Improver

Choreographer: Michael Barr (USA) - April 2025

Music: Holdin' Her - Chris Janson



## No Tags – No Restarts

### [1 - 6] Stride LF Forward, Touch RF Side Right, Hold – 3/4 Turn Right

1 - 3 Stride LF forward (1); Touch R-Toe side right (2); Hold (3) 12:00

**Note : Open upper body slightly left to prep ct. 3. The turn, ct. 4-6, is done almost in place.**

4 - 6 Step RF in place turning ¼ right (4); Small Step forward on ball of LF (5); Turn ½ right onto RF (6) 9:00

### [7 - 12] Stride Forward, Lift RF/Leg Forward, Hold – Stride Back, 1/4 Left, Step Forward

1 - 3 Stride L Forward (1); Lift and extend RF forward off floor (2); Hold-ish (keep extending) (3)

4 - 6 Stride RF back (4); Turn ¼ left stepping LF next to RF (5), Small Step RF forward (6) 6:00

### [13 - 18] Stride Forward, Forward, 1/4 Left – Twinkle 1/2 Turn Right

1 - 3 Stride LF forward (1); Small Step RF forward (2); Turn ¼ left onto the LF (3) 3:00

4 - 6 Stride RF to left diag.; (4) Turn ¼ right step back on LF (5); Turn ¼ right step side right on RF (6) 9:00

**Note: Prep on ct. 4 for turn. The Twinkle (ct. 5,6) ½ turn is ¼, ¼ but keep the flow it will feel like a ½ turn.**

### [19 - 24] Turn 1/4 Right Side Left, Ball, Replace – Side Right, Ball Replace

1 - 3 Continue ¼ right stepping LF side left (1); Drag & Step RF directly behind LF (2); Step LF in place (3) 12:00

4 - 6 Stride RF side right (4); Drag & Step LF directly behind RF (5); Step RF in place (6)

### [25 - 30] 1/2 Turn (run) Left – Waltz Jazz Box (useful cues: Big, Little, Little. Very technical J)

1 - 3 Turn ¼ left onto LF (1); Keep turning to your left onto your RF (2); Finish your ½ turn left on your LF (3) 6:00

4 - 6 Step RF over LF (4); Small Step LF back (5); Small Step RF side right (6)

### [31 - 36] Modified Waltz Weave Right – Back, Drag, Hook

1 - 3 Stride LF forw. to right diag.; Square up stepping RF side right; Small Step back facing left diagonal. 4:30

4 - 6 Stride back on RF, still facing 4:30 (4); Drag LF towards RF (5); Low hook of LF over RF ankle (6)

### [37 - 42] 1/2 Left Turning Diamond (allow your head/eyes to look left to stay ahead of each directional change)

1 - 3 Stride LF forw. to 4:30; Turn 1/8 left, step RF side right - 3:00; Turn 1/8 left, step LF back facing 1:30 1:30

4 - 6 Stride RF back - 1:30; Turn 1/8 left, step LF side left -12; Turn 1/8 left, step RF forward to left diagonal 10:30

### [43 - 48] 1/2 Left Turning Diamond (allow your head /eyes to look left to stay ahead of each directional change)

1 - 3. Stride LF forw. to -10:30; Turn 1/8 left, step RF side right - 9:00; Turn 1/8 left, step LF back facing 7:30 7:30

4 - 6 Step RF back -7:30 (4); Turn 1/8 left step LF side left - 6:00 (5); Step RF forward (6) 6:00

**BEGIN AGAIN!!!**

**Ending: 9th Wall - song starts to end during cts. 13-24. Dance same tempo for 24 cts: add 2 counts;**

1 – 2                    Step LF side left; Step RF in front of LF as your arms come into a low V for your Ta DA!  
12:00

**General Note: Allow your 1's & 4's, when possible, to be your power strides and your 2's and 3's as your smaller steps and directional changes. Waltz on!**

**Thank you, Donna Manning, for sharing this wonderful song to your dance, Holding A Little Love, 2/2014**

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