

At Your Worst

COPPER KNOB
STEPPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Sheila Kenny (USA) - April 2025

Music: At Your Worst - Calum Scott



Intro. Approx. 4 counts - Start on the word "Worst" - No Tags - No Restarts

Sec. 1 Heel Taps x 3, Samba x 2, ¼ Left turn

- 1-4 Tap Right Heel quickly 3 times, Stepping weight onto RF on 4th count
- 5&6 Rock LF behind RF, Recover weight forward on RF, Step LF to Left side
- 7&8 Rock RF behind LF, Recover weight forward on LF, Turn ¼ Left stepping RF forward (9:00)

Sec. 2 Heel Taps x3, Samba x 2

- 1-4 Tap Left Heel quickly 3 Times, Stepping weight onto LF on 4th count
- 5&6 Rock RF behind LF, Recover weight forward on LF, Step RF to Right side
- 7&8 Rock LF behind RF, Recover weight forward on RF, Step LF to Left side

Sec. 3 Heel Grind, Shuffles x 2, Side Together

- 1,2 Step Right Heel forward and swivel ½ Turn Left on Right Heel (3:00), Step LF forward
- 3&4 Step RF forward, Slide LF next to RF, Slide RF forward
- 5,6 Step LF to Left side, Step RF next to LF
- 7&8 Step back on LF, Slide RF back next to LF, Slide LF back

Sec. 4 Side Together, Shuffle Turn, Syncopated Toe Points

- 1,2 Step RF to Right side, Step LF next to RF
- 3&4 Step RF forward, Slide LF to RF while turning ½ Turn Left, Step RF forward (9:00)
- 5&6& Point Left Toe to Left side, Recover weight on LF, Point Right Toe to Right side, Recover weight on RF
- 7&8 Point Left Toe to Left side, Recover weight on LF, Point Right Toe to Right side

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